

The Compass Rose

The Spokane Compass Club Newsletter

February 2024

1/30	Daytime Books 1pm
2/1	Deadline for lunch reservations
2/6	Luncheon 11:00
2/7	Mahjong 1pm
2/8	Books & Coffee 10am
2/13	Mexican Train 1pm
2/18	Theatre Goers 2pm
2/19	Quilt & Stitch 1pm
2/21	Mahjong 1pm
2/27	Daytime Books 1pm



Luncheon News

In celebration of February as the month of **LOVE**, we will be holding our February 6th luncheon at Darcy's, a place many members Love. **Darcy's is located at 10502 E Sprague Ave. in the Valley.** The menu will feature a taco salad bar. Members may choose from traditional taco items for a lunch catered to their own specific taste. Dessert will be the mini-bites platters that so many members Love. Coffee, water will be provided. Adult beverages may be purchased at the bar.

Jim Kershner, local historian and newspaper columnist, will be the speaker at this luncheon. He will be sharing interesting information about Carl Maxey, an historical Spokane influencer about whom he wrote a book

Check-in begins at 11 a.m. In keeping with the price change this year, the cost of the luncheon will be \$30.00.

Contact Sheryl Krauser to make your luncheon reservations: 509-435-2535 or skrauser@comcast.net.

Deadline for reservations and cancellations is Noon, February 1, 2024.

NOTE: The Treasurer prefers checks to pay for the luncheon.

Sandy Colquhoun
Kathy Cousineau
Vice Presidents

President's Corner

Recently it was suggested that someone write up a review of the past year. I realize it's the February newsletter but I thought it was a good idea anyway since we have so many wonderful new members who hadn't joined us yet for so much of the past year. So I combed through the newsletters from last year and was impressed by all the great activities and accomplishments. Here is a quick recap of the last Compass year:

I adore Kate Mietus' Getting to Know You column; the quilters are going strong, donating items for the auction plus pumpkins and Christmas decorations; Shari has continued the crafting get-together and added some craft classes; Two Bit Tours and Young and Fun combined and pulled off a great Ride the Rails event; we had a successful auction that provided plenty of funds to keep the club solvent; we established some standing rules so that there is now more transparency about the club; the models for the Chico's fashion show did a great job; Maddie's Place was selected as our next charity; the Wine and Spirits group was re-imagined; we have a new interest group called Women Bonding; and last but not least, we have many new members due to a great article in the Spokesman written by Cindy Hval.

Many thanks to all of you who made the last year so special and I can't wait to experience all the great activities yet to come this year.

Pat Partovi
President

Philanthropy

Hope everyone had a wonderful holiday season and are enjoying the New Year. As you are most likely aware, this year's Philanthropy Project is Maddie's Place, a charity devoted to caring for newborns who are born addicted to drugs.

"Nearly 15% of live births across our country have a prenatal course that involves substance use, and this is likely an underestimate. Eighty to ninety percent of infants born exposed to substances will show symptoms of withdrawal and/or neuro-behavioral changes that interfere with the basic functions of eating, sleeping, communicating cues and connecting with a caregiver. Withdrawal symptoms typically appear between day 2 and day 6 of life, peak around 2 weeks of age, and can persist for 4-6 months. Even when symptoms do begin to fade, there are lasting effects and risks as these children grow. Supporting early connections and providing nurturing comfort from the beginning results in a happier, healthier baby and a more stable attachment, which changes the trajectory of lives." (information from supplies from <https://www.maddiesplace.org>.) Maddie's Place is a free standing Neonatal Nursery that supplies the nurturing comfort that can change these infants' lives for the better.



Please help us support this wonderful organization by participating in the raffle at the February luncheon.

Kathi Brandmueller
Philanthropy Chair

The Caring Corner

Get well card sent to Patty McCarty

To request a "Get Well," "Thinking of You" or "Sympathy" card, please let me know.

Barbara Boniface
775-722-3330
bbboniface@yahoo.com



Theatre Goers

Hello Ladies,

It is that time to work out who is planning on attending the play "**Amadeus**" on Sunday, February 18th.



I will need to know who is planning on going and how many tickets you will need. Ticket prices are: Adults \$38.00 Seniors 65+ \$33.00

Please let me know by January 17th as I will be calling in for the tickets on January 18th. Once I have ordered the tickets there is no refund.

Please send your check to:
Carol Hannah
801 E. Huron Drive Spokane WA 99208

If you are interested in going out for dinner after the play please let me know. "The Onion" downtown. I will make reservations.

Thank you

Carol Hanna
Theatre Group

Compass Club Board Members & Interest Group Chairs 2023-2024			
President	Pat Partovi	Trailblazers	Vicki Deschaine & Shari Russell
Vice Presidents	Sandy Colquhoun Kathy Cousineau	Wine & Spirits	Mimi Anderson & Pat Partovi
Secretary	Susie Volwiler	Daytime Books	Kathy Cousineau
Treasurer	Maureen Boutz	Quilt & Stitch	Anne Slauson
Membership	Mimi Anderson	Books & Coffee	Kathi Brandmueller
Philanthropy	Kathi Brandmueller	Crafting & Chatting	Shari Russell
Fundraising	Carole Parfett	Theatre Goers	Carol Hannah
50/50 Bingo	Shirley Calkins	Bridge	Patty McCarty
Decorations	Shari Russell	Mahjong	Dona Farsdahl
Newsletter	Kathy Piper	Women Bonding	Kathleen Howlett
Interest Groups	Julia Marvel		
Phone Committee	Sheryl Krauser		
Hostess	Kathleen Howlett		
Corresponding Secy.	Barbara Boniface		

Please refer to your Compass Directory for contact information.

February Birthdays			
9	Nancy McVicker	22	Julia Marvel
11	Darlene Gaffney	24	Carolyn Gallon
18	Joanne Leitch		



Daytime Books

Daytime Books meet the fourth Tuesday of every month at 1 pm for book discussion and light refreshments. If you would like to join us, please contact me at digtherebop@hotmail.com.

January 30 *Tomorrow, and Tomorrow, and Tomorrow*

by Gabrielle Zevin
Hostess: Sheryl Krauser
[Note: change of date]

February 27 *The Invincible Miss Cust*

by Penny Haw
Hostess: Debra Belair

March 26 *A Gestured Life*

by Chang-rae Lee
Hostess: Anne Lauderbaugh

April 23 *Elephant Whisperer*

by Lawrence Anthony
Hostess: Pat Partovi

May 28 *Good Night, Irene*

by Luis Alberto Urrea
Hostess: Kate Mietus

June 25 Choose New Books

Hostess: Maggie Crawford

Kathy Cousineau

Daytime Books Chair



Books and Coffee

Books and Coffee meets the 2nd Thursday of each month at 10 AM. If you are interested in joining the group please email or call Kathi Brandmueller at kibrandmueller@gmail.com or 775-379-8952. Here's what we will be reading:

February 8 "Lessons in Chemistry" by Bonnie Garmus (this discussion will take place on ZOOM)



March 14 "A Single Thread" by Tracy Chevalier

April 11 "The Forever Witness" by Ed Humes

May 9 "Queen Bee" by Dorothea Benton

June 13 "The Dictionary of Lost Words" by Pip Williams

Kathi Brandmueller

Books & Coffee Chair

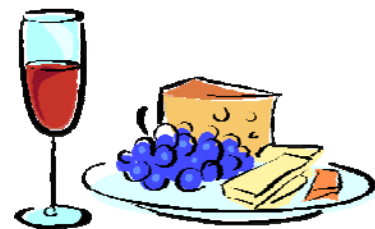
Save the Date!

It's time for a Wine Dinner! It will be at **Rockwood on the South Hill in the Summit Event Center on Thursday, March 14 beginning at 5 pm**. There will be 6 courses plus wine paired with each course. The cost is \$75 per person. The Chef at Rockwood will prepare the courses and Matt Dolan from Vino! will pair the wines with each course. (You may remember Matt from Petunia's Wine Dinners when Russ was the owner.)

We won't be planning the menu until January 19 – after this newsletter is distributed. But as soon as it is finalized, we'll share with you. I'm confident that it will be an evening of delicious food and lovely wine!

This is not a "couples only" event – everyone is welcome! We will cap attendance at 30. Deadline for reservations is Friday, March 1 by noon.

Maureen Boutz,
Wine Dinner Chair



Getting to Know You:
The Compass Profile Corner
by Kate Mietus



Carolyn Gallon

Member since September 2023
 Joined the Crafting Group

I was born in North Wales. My husband is from West Yorkshire. We met in Zambia. I was a newly graduated teacher, and he was a geologist. We have travelled, lived, and /or worked in many different countries.

We arrived in Spokane from Chile 20+ years ago. We thoroughly enjoyed our lives abroad and Spokane felt like home. I have been a principal and deputy. My diplomas are in Education and Fine Art in which I am a perennial student. Since I retired, I have concentrated on the formal study of Russian Impressionism.

In Virginia, I taught home schooled children art which was wonderful. I have two life experiences of which I am proud. I taught in one of the first multiracial schools in the western Cape Province of South Africa. The second was in the ISS school outside Johannesburg in the eastern Transvaal. My American students 9-12 grade had a rough time traveling and being educated in numerous countries and after they returned to the USA when their parents had completed 3-5 year contracts, the majority did very well. Forty-five of the seventy students still communicate with me which I regard as a great honor.

We are the proud "parental units" of one child and she, like her parents, was educated in England. She graduated from Oxford with her first Law degree. She is married to a wonderful American and lives in Atlanta with our only grandson Gabriel.

I am a new member of the Compass Club. Thank you for accepting me into this diverse, talented, and welcoming group.



The Compass Profile Corner (continued)

by Kate Mietus



Vicki Sherwood Deschaine

27-year Member
President (twice),
Vice President (twice),
Philanthropy,
Decorations,
Corresponding Secretary,
Fundraising,
Bingo, Trailblazers

I was born in Oak Harbor on Whidbey Island Washington. After high school, I joined the Air Force. At that time (1973), the Air Force was pushing women into male-dominated careers. I thought I would be testing fuels in aircraft, but instead I worked on the fuel systems themselves. Women were allowed to repair plane systems but not fly them. After a couple of years, I realized that that was not what I wanted to do. Since I was not allowed to fly aircraft and I did not like working on them, I decided "I'll tell them where to go!" So, I cross trained as an air traffic controller. I met my husband, Larry, a fellow air traffic controller, in the Air Force. We married and had a three-week honeymoon in Egypt. Some years later, we came to Spokane in 1995 for Larry's job.

In my spare time, I like to read, travel, attend the theatre and movies, and garden (aka pull weeds).

A major accomplishment in my life was serving in the US Air Force for 12 years. I am a Vietnam War veteran and so is my husband. We have visited dozens of other countries including the Cook Islands, Africa, and Antarctica. I lived in the United Kingdom (England) for seven years while on active duty. After arriving in Spokane, I became a Tour Director for 10 years, where I had the opportunity to be an instructor for adults in history, flora/fauna, culture, wildlife, geology, etc. I've met many fascinating people along the way.

One of the most memorable experiences I've had in my life was meeting lions and cheetahs in the wild, eye to eye. Wow!!



Fundraising: AUCTION

The annual Compass Club Auction is scheduled for **March 5, 2024** at the Airport Ramada Inn.

As in the past, “experiences” for the Live Auction segment of this event have been the most popular and since this is a fundraiser for Compass Club, “experience” gatherings are good opportunities to bring in the most money. A request has been submitted to the YMCA for a membership donation.

If you have an idea for a fun gathering, please put together an “experience” event and let the bidding begin.

The March Auction will include gift baskets put together by several Compass Club Interest Groups. To enhance fund raising, this Auction will also include the sale of baked goods and perhaps other homemade food items.

NOTE: The auction **will not** include the sale of clothing, jewelry, or household items.

Our Auctioneer will be Shari Russell. Two volunteers are needed to greet members and hand out auction forms and paddles. Volunteer spotters will also be needed. Please let me know if you will be able to volunteer. My contact information is: caroleparfett@gmail.com , cell phone number is **415-305-4266**.

Thank you for your support!

Carole Parfett
Fundraising Chair



Mexican Train

The inaugural meeting of the new Mexican Train Interest Group will be on Tuesday, February 13 at 1 pm. We'll play for about 2 hours. Place TBD based on how many are able to attend. If you want to participate, please email Maureen Boutz at myboutz@hotmail.com to let me know you'll be joining. Mexican Train is a tile-based game similar to dominoes that involves some strategy and some luck.

Maureen Boutz
Mexican Train Group



Mahjong

Mahjong will meet at 1:00 pm on Wednesday, February 7th and 21st . You are welcome to join us no matter your play level. Our venue changes so contact Dona Farsdahl at dfarsdahl@comcast.net to be added to the email reminder list.

Dona Farsdahl
Mahjong Group



Crafting & Chatting

Chatting & crafting's 2023 recap!

2023 was a busy year for us between open crafting & classes ~ We had a lot of fun!

All are welcome whether you knit, make cards, crochet, scrapbook, jewelry making or other crafting. OR if you'd just like to spread a yarn with chatting, you are welcome. Here are some fun photos of our year!



Shari Russell
Interest Group Chair



Trailblazers

Trailblazers: the year 2023 in review

Our big event was riding the rails in northern Idaho, specifically lone. We had a grand day with many of us overnighting and sharing a barbecue dinner outdoors overlooking the beautiful river.

Looking forward to many more fun adventures this year!

Shari Russell & Vicki Deschaine
Trailblazers Co-Chairs



Quilt & Stitch

Quilt & Stitch will meet on Feb. 19th at the home of Julia Marvel at 1:00. Her address is 849 S. Shelley Lake Lane. As usual we will meet at the Quilting Bee parking lot at 10 min to 1. Her cell is 530-615-6332 and please rsvp. Linda Jones or I will provide dessert. Auction projects will be the main focus as well as "show and tell." All members are welcome.



Anne Slauson
Quilt & Stitch Chair
anneslauson@gmail.com

Directory Updates

Please welcome the following **new members**:

Joy Beal/Nick
8610 E Ridgeline Ln
Spokane, WA 99217
(425)577-4437
BD: 9 Oct
nicknjoy@comcast.net



Nancy McVicker/David
5419 S Blueridge Dr.
Spokane, WA 99224
(916)622-4231
9 Feb
nmcvicker60@gmail.com

Julie Tveit/Tim
Julie has expressed an interest in Daytime Books, Books & Coffee, Mah Jong, Trail Blazers, and Theatre Goers.
12420 E Lenora Dr.
Spokane Valley, WA 99216
(509)570-6015
17 Jul
jtveit@live.com

Women Bonding

Women Bonding had its first meeting on Monday, Jan. 8. We missed those who were unable to attend. All can come and join us anytime and please feel free to offer suggestions.

The focus of our group is to grow friendships. A circle of ladies who wish to explore, attend events of interest, support, and just plain visit, but not alone.

On each table at the luncheon there will be a sign up sheet. Please just put down your name, phone number, and e-mail address. There will also be a column to write down what you are most interested in. This gives us a starting point.

Names on the list will be called for the next meeting which will be scheduled for the 3rd week of February.

We will compile this information and share it with like minded members. Example, if you want to walk, you could simply send out an e-mail with a set time and place to meet up. If no one comes, you go alone; otherwise, you have a walking buddy.

There is no pressure or obligation. Each of us can decide how we want to spend our time and with whom. Some adventures will encourage an rsvp. If things come up, they come up.

Someone else will be helping me due to a pending knee replacement Kathleen 509-703-8188

Kathleen Howlett
kjhowlett@gmail.com

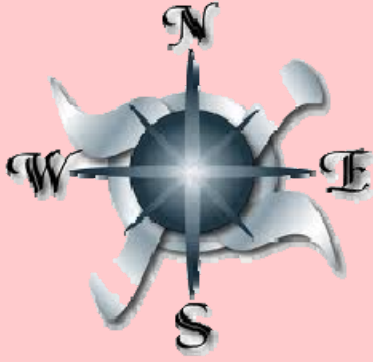


Wine & Spirits: 2023 in review

Here are pics of our Wine & Spirits events in 2023

**Mimi Anderson &
Pat Partovi**
Wine & Spirits Co-Chairs





www.SpokaneCompassClub.org

February 2024

Compass Club Monthly Planner

SUN	MON	TUE	WED	THU	FRI	SAT
Jan 28	Jan 29	Jan 30 <i>Daytime books 1pm</i>	Jan 31	1 <i>Deadline for luncheon reservations/ cancellations</i>	2	3
4	5	6 <i>Luncheon 11:00</i>	7 <i>Mahjong 1pm</i>	8 <i>Books & Coffee 10am</i>	9	10
11	12	13 <i>Mexican Train 1pm</i>	14 	15	16	17
18 <i>Theaater Goers 2pm</i>	19 <i>Quilt & Sstitch 1pm</i>	20	21 <i>Mahjong 1pm</i>	22	23	24
25	26	27 <i>Daytime Books 1pm</i>	28	29		