



#### The Spokane Compass Club Newsletter

#### October 2023

9/28	Luncheon reservations due
10/3	Luncheon
10/4	Mahjong 1pm
10/12	Books & Coffee 10am
10/12	Crafting & Chatting 1pm
10/14	Wine & Sprits 4pm
10/16	Quilt & Stitch 1pm
10/18	Mahjong 1pm
10/24	Daytime Books 1pm



### Luncheon News

The month of October brings to mind the fall celebration of Octoberfest. Compass Club will do their version of celebrating by having the October luncheon on Tuesday, October 3, at Das Stein Haus, 1812 W. Francis.

The program for this luncheon will feature a speaker from this year's philanthropy, Maddie's Place. We may also be joined by a reporter from the Spokesman-Review who will be gathering information about Compass Club for an article for the Special

Interest Groups section in a future Thursday paper.

The menu will be a buffet including Chicken Mornay, Pork Medallions with Apple Brandy, Sauerbraten, Spaetzle and Red Cabbage. A no-host bar will be available.

Check-in begins at 11:00 am. The cost is **\$30.00** per person. Note: the treasurer prefers that you pay by check for the luncheons.

Deadline for reservations is Thursday, September 28 at noon. Email or call Sheryl Krauser, skrauser@comcast.net. 509-435-2535

Sandy Colquhoun Kathy Cousineau Vice Presidents

Reminder to club members that we will **not** be making luncheon reminder calls this year unless you notify phone chair Sheryl Krauser and specifically ask for a call. We will send out a group email reminder the week before the luncheon.

## President's Corner

As the heat and outdoor activities of summer pass into the crisp air and hunkering down of fall, it's the perfect time to rekindle friendships with our Compass buddies. I have read many studies that say as we age social connections are one of the most important aspects of our lives. What better way to connect socially than through Compass activities? So please read through this newsletter to see what kind of fun awaits you in October.



Last year my first message as your president was about my new puppy so I thought for the Compass dog lovers I would give you an update on our Labrador/Aussie Doodle, k.d. (Named after the singer k.d. Lang.) She went on her first boat camping trip and her

first 5<sup>th</sup> wheel camping trip this summer. Both the boat and the camper are small so I wasn't sure how a big dog would do but she was a champ. Her favorite activity is swimming after a bumper tossed far into the lake. It's great exercise and calms her right down once she's back in the boat or camper. For me, having a dog makes life more fun no matter what I am doing. Here's a thought, maybe we should arrange some Compass doggy play dates.

Here's wishing you all a wonderful fall filled with activities, people and pets that you love.

Pat Partovi President

### Wine & Spirits

All are invited to the home of Mimi and Tim Anderson on Saturday, Oct. 14th at 4:00 pm to sample mixed drinks from 2 Loons Distillery located in Loon Lake, WA. Greg and Tricia Schwartz have been in business since 2014, using local grain and fruit to produce small batch Vodka, Gin, Whiskeys, and Loon Lake Lightening.

We will sample Gin, Cinnamon Whiskey and Bourbon mixed with such flavors as: Huckleberry, Coffee, and Limoncello.

Appetizers will also be served. The cost is \$15.00 per person.

### Address:

5918 N. Woodview Ln. Spokane, WA 99212 Phone: (509) 808-2960 RSVP Mimi or Pat.

Mimi Anderson & Pat Partovi Wine & Spirits Co-Chairs



### ALSO...

Please join the Wine and

Spirits group at **No Li Brewhouse** at 3:00 pm on **Tuesday, November 14**. The address is 1003 E Trent, unit 170 and we will meet in the Bier Haus. You will purchase your own drinks and any snacks you want. They have beer flights and also canned cocktails for those who aren't big fans of beer. We hope to see you there!

Mimi Anderson & Pat Partovi Wine & Spirits Co-Chairs

### **The Caring Corner**

A Get Well card was sent to Marilyn Haugen.

Barbara Boniface 775-722-3330 bbboniface@yahoo.com





Compass Club Board Members & Interest Group Chairs 2023-2024				
President	Pat Partovi	Trailblazers	Vicki Deschaine & Shari Russell	
Vice Presidents	Sandy Colquhoun Kathy Cousineau	ВҮОВ	Vicki Deschaine	
Secretary	Susie Volwiler	Daytime Books	Kathy Cousineau	
Treasurer	Maureen Boutz	Quilt & Stitch	Anne Slauson	
Membership	Mimi Anderson	Books & Coffee	Kathi Brandmueller	
Philanthropy	Kathi Brandmueller	Crafting & Chatting	Shari Russell	
Fundraising	Carole Parfett	Theatre Goers	Linda Milsow	
50/50 Bingo	Shirley Calkins	Bridge	Patty McCarty	
Decorations	Shari Russell	Mahjong	Dona Farsdahl	
Newsletter	Kathy Piper	Wine & Spirits	Mimi Anderson Pat Partovi	
Interest Groups	Julia Marvel	Compass Campers		
Phone Committee	Sheryl Krauser	Happy Feet Hikers		
Hostess	Kathleen Howlett			
Corresponding Secy.	Barbara Boniface			
Please refer to your Compass Directory for contact information.				

October Birthdays					
1	Joanne Moyer	16	Connie Smith		
2	Kathleen Howlett	25	Anne Slausen		
14	Nancy Mackenzie	27	Shirley Calkins		
14	Cheri Susens				



## Daytime Books

Daytime Books meet the fourth Tuesday of every month at 1 pm for book discussion and light refreshments. If you would like to join us, please contact me at digtherebop@hotmail.com.

Oct 24 Solito by Javier Zamora Hostess: Patty Hostetter

Nov 28 Lessons in Chemistry by Bonnie Garmus Hostess: Tyra Demateis

December Lunch Date and Location to be Determined

Tomorrow, and Tomorrow, and To-January 23 morrow by Gabrielle Zevin Hostess: Sheryl Krauser

February 27 The Invincible Miss Cust by Penny Haw Hostess: Debra Belair

March 26 A Gestured Life by Chang-rae Lee Hostess: Anne Lauderbaugh

April 23 Elephant Whisperer by Lawrence Anthony Hostess: Pat Partovi

May 28 Good Night, Irene by Luis Alberto Urrea Hostess: Kate Mietus

June 25 Choose New Books Hostess: Maggie Crawford

Kathy Cousineau Daytime Books Chair



# **Books** and Coffee

Books and Coffee meets the 2nd Thursday of each month at 10 AM. If you are interested in joining the group please email or call Kathi Brandmueller at kibrandmueller@gmail or 775-379-8952. Here's what we will be reading:

October: The Art of Hearing Heartbeats by Jan-Philipp Sendker

November: The Girl Who Wrote in Silk by Kelli Estes

December: The Maid by Nita Prose

January 2024 Once There Were Wolves by Charlotte McCanaghy

Kathi Brandmueller Books & Coffee Chair



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## Mahjong

The Mahjong Group will meet on October 4<sup>th</sup> and 18<sup>th</sup> at 1:00pm. We are a very social group who play the Chinese version (It's much like the Rummy card

game except with tiles). Email Dona Farsdahl at dfarsdahl@comcast.net if you are interested in joining us or would like more information about our group!

Dona Farsdahl Mahjong Coordinator



### Philanthropy Project 2023-2024

Well our 1st luncheon is behind us and we are rolling into October. This year's Philanthropy project is Maddie's Place. We have already started earning money with our first raffle in September. At the Oc-

tober luncheon we will have the pleasure of having a speaker from Maddie's Place to fill us in on all the great work they are doing.



Looking forward to seeing you in October.

#### Kathi Brandmueller

Philanthropy Chair

### Decorations

We are ending the last few weeks of summer in September with potted succulents & growing plants accompanied by a \$25 gift card from either See's Candy or Wake-Up Call Coffee.

Our lucky winners were: Sherry Foster Pat Partovi Kathleen Hyde Nancy Stoll Mimi Anderson Carolyn Gallon Shirley Caulkins Joyce Colclough

Thanks to Ro Lisk for assisting with the drawing & Kathi Brandmueller acting as the scribe!

#### Shari Russell Decorations



### Bridge

This is a casual group of ladies that like to play contract bridge. In the past, we have met once a month on Thursday in a member's home in the afternoon. The host provides the space

plus basic beverages (coffee, tea, and water).

#### Patty McCarty **Bridge Group** Email:

pamccarty45@comcast.net Mobile phone: 509-960-1185

## Quilt & Stitch

The October meeting of Quilt & Stitch will be on Oct. 16 from 1:00 - 3:00 at the home of Kathleen Howlett, 6231 W. Shawnee Ave. Cell: (509) 703-8188. kjhowlett@gmail.com. Anne Slauson will be host-

ess. Please rsvp so we know how many to expect. All members are welcome.

Anne Slauson Quilt & Stitch Chair



## Getting to Know You: The Compass Profile Corner by Kate Mietus



#### Josie Selfridge

Member of Compass Club since 1996 (27 years)

Served as the chairperson for Quilt and Stitch for 5 years

I was born in Yugoslavia (now Slovenia) and left in August 1989 before the Berlin Wall fell. Nobody saw it coming, but once the wall fell, Communist countries started falling quickly, although Yugoslavia had more freedom with a one-party system and no restrictions. In 1986 I was visiting Crete and met a man from the United States. He encouraged me to come to the States that year, so I visited his farm in Spokane. When I married my American, it was very hard to leave my family and friends behind. I had worked at my job in Yugoslavia for ten years. Now I am amazed that I left my home for the United States. Phone calls were very expensive, and I did not talk to my family often. Now I try to return for visits every year.

I retired two years ago after 31 years as a computer programmer, and I am just now starting to return to the Compass Club luncheons again.

One day at my husband's company picnic, I admired a beautiful picnic blanket created from quilted jean fabric. It belonged to Ann Hosely, who was then a Compass Club member. She invited me to join the Compass Club mostly to enjoy the camaraderie of the quilting group.

In my spare time, I like to quilt, read, hike, ski, garden, and knit, but three grandkids in Spokane keep me very busy. Also, my husband and I renovated the 1890 farmhouse that he grew up in and where my father-in-law still farms. We moved there two years ago, and of course, there is still an endless list of improvement projects.

My most memorable life experience was coming to the States and embracing a different way of life. Salted butter was a huge adjustment for me (it's just awful!), also peanut butter (I couldn't stand it). Now I eat PB&J sandwiches with my grandkids.

It seems that Compass Club numbers are not growing, and I wonder how we can attract more women.



### Getting to Know You: (continued)

With the second seco	I am from San Jose and grew up in Dallas. I attended Southern Methodist University. Later, after raising kids, I went back to school and completed both my BA and MA in painting/printmaking at California State University, Sacramento (CSUS). I have worked many jobs: retail, waitress, cake dec- orator and substitute teacher. I have taught high school art for 10 years and in the community services department art to children for 15 years. I met my sweet husband Greg online. He is a retired pilot for United Air- lines. His flights took him to Spokane, and we fell in love with the town. When it came time to retire, we chose to move here. In my spare time, I like to garden and travel. Greg and I went on two cruises recently to the Caribbean and Alaska. Future destinations this year include Rome and Spain. We also travel to the Bay Area frequently to visit our four grandchildren. I love to swing on a tree swing Greg built for me on our property (see picture).
	I especially love to paint and do artwork. My latest show is downtown at Barrister Winery, now through October 3. Please go to my web-
years	site <u>www.janschnurr.com</u> to check out my work. A memorable life accomplishment for me was winning three scholarships
	to CSUS based on my artwork. Recently, my story entitled "Joy Ride" was written up in the <i>Inlander</i> and another article was in The <i>ART Chowder Magazine.</i>
	Do you have any ideas for Compass Club? For any of us in the club who are artists and have free exhibitions in town, it would be nice to be able to hand out invitations during our monthly luncheons. Also I would like to see the club return to Barrister Winery for luncheons.

## Crafting & Chatting

Open crafting & Chatting! Bring your projects or settle in for some conversation & fun.

When: Thursday, October 12th

Time: 1:00 ~ 4:00 PM

Host: Shari Russell

- 17218 N. Golden Dr Colbert
- RSVP: pls let me know if you are attending so I can have the proper amount of tables & chairs. 509 868-7500 text or call.

Shari Russell Crafting & Chatting



## Photos from Our September Luncheon







www.SpokaneCompassClub.org

## October 2023

### Compass Club Monthly Planner

SUN	MON	TUE	WED	THU	FRI	SAT
9/24	9/25	9/26	9/27	9/28 Deadline for luncheon reser- vations/ cancellations	9/29	9/30
1	2	3 Luncheon 11am	4 Mahjong 1pm	5	6	7
8	9	10	11	12 Books & Coffee 10am Craft & Chat 1pm	13	14 Wine & Spirits 4pm
15	16 Quit & Stitch 1pm	17	18 Mahjong 1pm	19	20	21
22 29	<sup>23</sup> 30	24 Daytime Books 1pm 31	25	26	27	28