

The Compass Rose

The Spokane Compass Club Newsletter

September 2023

8/31	Luncheon reservations due
9/5	Luncheon
9/6	Mahjong 1pm
9/13	Ride the Rails sponsored by Trailblazers
9/14	Books & Coffee 10am
9/18	Quilt I & Stitch
9/20	Mahjong 1pm
9/26	Daytime Books



Luncheon News

WELCOME BACK!

The September Compass Club luncheon will be held on Tuesday, September 5th, at **Rockwood South Hill, 2903 E. 25th**. The Program includes a short presentation by a representative of Rockwood about their facilities and a tour for those interested after the luncheon.

The menu will be a Turkey Dip Sandwich – Oven roasted turkey breast thinly sliced and topped with melted provolone cheese, served on a grilled rosemary flatbread with cranberry mayo, includes salad and dessert. There will be a no-host bar set up.

Check-in begins at 11 a.m.
The cost is \$30 per person.

NOTE: The Treasurer prefers that you pay by check for the luncheons.

Deadline for reservations is Thursday, August 31 at Noon. Email or call Sheryl Krauser, skrauser@comcast.net (509) 435-2535.

Sandy Colquhoun
Kathy Cousineau
Vice Presidents

Also note that you will be able to buy tickets for our Philanthropy, Maddie's Place, and 50/50.

Reminder to club members that we will not be making luncheon reminder calls this year unless you notify phone chair Sheryl Krauser and specifically ask for a call. We will send out a group email reminder the week before the luncheon.

Sheryl Krauser, 509 435-2535,
skrauser@comcast.net

President's Corner

Welcome to a new season of Compass Club fun! I hope you all had a wonderful summer and are looking forward to fall. If you haven't paid your dues yet for this year, please do so right away. It's still only \$25 a year and we would truly miss you if you don't rejoin. You can send your check to Maureen Boutz. (Contact Maureen via email for address myboutz@hotmail.com)

Many thanks to our hard-working vice presidents, Kathy and Sandy, for planning and setting up some wonderful luncheons for the coming year. I hope to have a great turnout for the September luncheon so that long time friends can reconnect. The luncheons aren't the only activity and aren't even the most important activity. I know I sound like a broken record about this but we need members to step up and



lead interest groups. The interest groups are the heart and soul of Compass so we need to find leaders for them and/or try out some new ones. I want to thank our current interest group leaders for your commitment to Compass and to ensuring that we all have fun activities to look forward to.

And speaking of interest groups, if a member is having an event at their home or elsewhere please RSVP to let her know if you will be there or not. For example, if you are a regular member of a book group, please RSVP to let her know if you will or will not be there. It would sure help the hostess to know exactly how many are coming and how many are not coming.

(Continued on page 2)

Wine & Spirits

The wine tasting interest group is now expanding into Wine and Spirits with Mimi Anderson and Pat Partovi as co-chairs.

Our first event will be held at Inland Cider Mill, 1020 W. Francis Ave. Ste B (the northeast corner of Madison St. and Francis), on Sunday, Sept. 17th at 3:00 pm. The owner, Sean Weeks, will have a nice variety of ciders for us to sample, as well as wines from his label, Thomas Clare Cellars. The \$10.00 tasting fee will be waived if you buy a product from this event. Please RSVP to Mimi or Pat as soon as possible.

Our next event will be at the home of Mimi and Tim Anderson on Saturday, Oct. 14 when Greg and Trish Schwartz, owners of 2 Loons Distillery will create mixed drinks using their delicious products. More later!

**Mimi Anderson &
Pat Partovi**
Wine & Spirits co-chairs



Mahjong

The Compass Club Mahjong group meets on the 1st and 3rd Wednesdays of each month. If you're not familiar with Mahjong, it is a tile-based game developed in the 19th century in China. It has evolved in China to mean friendship - which it does for our group also.

We'll meet at 1:00pm on September 6th and 20th. Contact Dona Farsdahl at dfarsdahl@comcast.net so you can be added to our email reminder list.

Dona Farsdahl
Mahjong Coordinator



President's Corner continued

(Continued from page 1)

And now, the bad news. The VPs are finding it very difficult to book our luncheons due to increased prices for the food, for the room, and for wages. **Reluctantly the Board has voted to raise the luncheon price to \$30 beginning with the September luncheon.**

Enjoy the rest of summer and I'll see you at the luncheon.

Pat Partovi
President



Membership

Our membership at present is at 71. I would urge those who have not paid their 2023-2024 dues to send a check for \$25.00 to our treasurer, Maureen Boutz, as soon as possible. Her contact information is in your directory. Remember that if you have the newsletter mailed to you to include an additional \$25.00 fee. If you have a change of address, email, phone #, or any changes from last year to include that as well. If you prefer to pay at the September luncheon, please write two checks, one for dues and one for the luncheon.

The sooner we get this information updated, the sooner we can distribute our directories.

Thank you!

Mimi Anderson
Membership Chair

Compass Club Board Members & Interest Group Chairs 2023-2024

President	Pat Partovi	Trailblazers	Vicki Deschaine & Shari Russell
Vice Presidents	Sandy Colquhoun Kathy Cousineau	BYOB	Vicki Deschaine
Secretary	Susie Volwiler	Daytime Books	Kathy Cousineau
Treasurer	Maureen Boutz	Quilt & Stitch	Anne Slauson
Membership	Mimi Anderson	Books & Coffee	Kathi Brandmueller
Philanthropy	Kathi Brandmueller	Crafting & Chatting	Shari Russell
Fundraising	Carole Parfett	Theatre Goers	Linda Milsow
50/50 Bingo	Shirley Calkins	Bridge	Patty McCarty
Decorations	Shari Russell	Mahjong	Dona Farsdahl
Newsletter	Kathy Piper	Wine & Spirits	Mimi Anderson Pat Partovi
Interest Groups	Julia Marvel	Compass Campers	
Phone Committee	Sheryl Krauser	Happy Feet Hikers	
Hostess	Kathleen Howlett		
Corresponding Secy.	Barbara Boniface		

Please refer to your Compass Directory for contact information.

September Birthdays

2	Carole Parfett	21	Patty McCarty
5	Kathy Cousineau	22	Marjorie Bender
7	Dale Boercher	27	Carol Isakson
8	Jeanette Karis	29	Lori Black
8	Jan Monaco	30	Kathy Piper
15	Anne Lauderbaugh		



Daytime Books

Daytime Books meet the fourth Tuesday of every month at 1 pm for book discussion and light refreshments. If you would like to join us, please contact me at digtherebop@hotmail.com.

Sept 26 **Horse** – Geraldine Brooks
Hostess: Kathy Cousineau

Oct 24 **Solito** by Javier Zamora
Hostess: Patty Hostetter

Nov 28 **Lessons in Chemistry**
by Bonnie Garmus
Hostess: Tyra Demateis

December Lunch
Date and Location to be Determined

January 23 **Tomorrow, and Tomorrow, and Tomorrow**
by Gabrielle Zevin
Hostess: Sheryl Krauser

February 27 **The Invincible Miss Cust**
by Penny Haw
Hostess: Debra Belair

March 26 **A Gestured Life**
by Chang-rae Lee
Hostess: Anne Lauderbaugh

April 23 **Elephant Whisperer**
by Lawrence Anthony
Hostess: Pat Partovi

May 28 **Good Night, Irene**
by Luis Alberto Urrea
Hostess: Kate Mietus

June 25 Choose New Books
Hostess: Maggie Crawford

Kathy Cousineau
Daytime Books Chair



Books and Coffee

Books and Coffee meets the 2nd Thursday of each month at 10 AM. If you are interested in joining the group please email or call Kathi Brandmueller at kibrandmueller@gmail or 775-379-8952. Here's what we will be reading:

September: **The Couple Next Door**
by Shari Lapena

October: **The Art of Hearing Heartbeats**
by Jan-Philipp Sendker

November: **The Girl Who Wrote in Silk**
by Kelli Estes

December: **The Maid**
by Nita Prose

January 2024 **Once There Were Wolves**
by Charlotte McCanaghy

Kathi Brandmueller
Books & Coffee Chair



The Caring Corner

To request a "Get Well", "Thinking of You" or "Sympathy" card, please let me know,

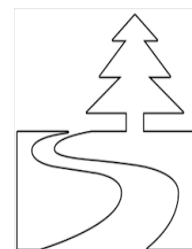
Barbara Boniface
775-722-3330
bbboniface@yahoo.com

Trailblazers

We are excited about our Sept. adventure to Lone, where we'll be riding the rails of that picturesque area Wed., Sept. 13. We were able to make our min of 20 attendees ensuring the Lions Club provided a private event.

We'll regale you next month with photos, and a description of the great time we had!

Vicki & Shari
Trailblazers Co-Chairs



Philanthropy Project 2023-2024

Hope everyone had a wonderful summer and are looking forward to starting Compass Club activities again. Thanks to your great generosity last year we were able to present Big Table with a check for \$1,600 last June. Thank you again for your great support of Compass Clubs Philanthropy project for 2022/2023.

This year's Philanthropy project will be Maddie's Place. Maddie's Place was inspired in 2008, when a three-week old baby girl was delivered to the doorstep of the Hughes family in Spokane, Washington. With eight years of experience as a foster and adoptive mom of drug affected babies, Tricia Huges knew immediately that something wasn't right. Spokane was just beginning to see an increase in babies withdrawing from opiates, and that was exactly what was happening to this baby girl. For six long months, her body was ravaged with the symptoms of withdrawal. During this time, she needed constant care and comfort, and she rarely left Tricia's arms.



As Tricia became more aware of the overwhelming numbers of substance-exposed newborns in Spokane, she tried to convince her husband, Carey, that ALL of these babies needed this same attentive care from loving arms if they were ever going to thrive. Maddie's Place was born.

Maddie's Place is a 501(c)3 non-profit, free-standing recovery nursery for babies experiencing withdrawal due to prenatal substance exposure. We firmly believe that low-intervention, highly nurturing care is the best way to help babies through this difficult time. We also believe that "mom is the best medicine," and aim to support moms and babies together, encouraging bonding and attachment and alleviating physical symptoms. For more information visit <https://www.maddiesplace.org>

Hope to see you all at the September luncheon.

Kathi Brandmueller
Philanthropy Chair

Decorations

Our lucky Compass Club table decoration winners in June were treated to a decorative box on top of which was a small basket was filled with flowers and butterflies to remind us of our upcoming summer. Underneath the decorative boxes were \$30 gift cards to one of four different restaurants. Our lucky winners:

Kathy Cousineau
Sandy Colquhoun
Suzanne Lopes
Sheryl Krauser
Ann Fly
Hildy Cox
Patty Hostetler



Looking forward to seeing you at the September Luncheon ~ get ready to win!

Shari Russell
Decorations

Quilt & Stitch

Quilt & Stitch will begin the year on Sept. 18th at Rockwood. Hostess will be MaryAlice Stoner. Watch email for directions. Bring summer projects and ideas for fall. All are welcome.

Contact **Anne Slauson** at anneslauson@gmail.com.

Bridge

This is a casual group of ladies that like to play contract bridge. In the past, we have met once a month on Thursday in a member's home in the afternoon. The host provides the space plus basic beverages (coffee, tea, and water).



Patty McCarty
Bridge Group
Email: pamccarty45@comcast.net
Mobile phone: 509-960-1185

Getting to Know You:

The Compass Profile Corner

by Kate Mietus



Dona Farsdahl

Years in Compass Club: 9
Positions Held/Groups Belonged to: Vice President, Recording Secretary, Phone committee chair, Happy Feet Hikers chair, Fundraising chair, Mahjong chair, Trash to Treasures

I grew up in Kellogg, Idaho, and attended the University of Idaho. After I married, I lived in many places but spent the last 35 years in Yakima before moving to Spokane 9 years ago. In looking for a single level home with access to the mountains, we settled on the South Hill with a view of Browne's Mountain.

One of my favorite pastimes is doing jigsaw puzzles or playing Wheel of Fortune on my iPad. I also like to crochet, donating the baby blankets I've made. Next, I intend to crochet blankets for Veterans.

My husband and I enjoy traveling together to view mountains. Traveling to the Jungfrau in 2017 tops the list. The Jungfrau is part of the Bernese Alps in central Switzerland where a cog railway carries you up 11,000 feet inside the mountain. We have also traveled to the French Alps, the Italian Alps, the Austrian Alps, and the Dolomite Mountains on the northeast border of Italy.

Do you have any ideas for Compass Club? Compass Club is a group for women in transition ~ those who are retiring, moving, looking for something different. Our Club has decreased in size since I joined. I would like to see more exposure of our group in the media.



Getting to Know You: (continued)



Kathleen Howlett

Compass Member 1978-1982 and 2015-2023 Interest Groups/
Positions in CC: Cirque de Fleur (garden club), Couples Dinner Group, Quilt Group, Hostess, Model for a style show, Hostess

I grew up in Eagle River, Wisconsin, which at one time was the USA capital of snowmobiling. I loved the bustle of the summer camp people and the shopping.

In 1978 my husband's job as dean of instruction for vocational education at SCC brought us to Spokane and we settled on northwest side. I love the hardwood trees and the parks here. I taught school in Green Bay and in Spokane at Westview Elementary. I substitute occasionally.

In my spare time, I like to quilt, read, play bridge, watch TV, and organize my house. I'm working on files right now; my jewelry drawer will be next. I am a Lifetime member of AAUW where I served in leadership.

I had five children in twelve years. I'm always planning trips to visit my grandchildren who range in age from 22 mos. to 21 years and live in Spokane and Seattle. One son passed away with a brain aneurism at age 46.

My memorable life experiences are as a survivor ~ being widowed, losing a son, losing a significant other. I vividly remember everyone who was there for me and appreciate their acknowledging my losses.

Other memorable experiences include the traveling I was blessed to do – 50 cities (countries?). If I want to go somewhere, I make it happen. I loved South Africa, Peru, and Croatia. I felt close to heaven in Machu Pichu. I rode an elephant in Thailand on land and in the river. I saw three African elephants coming down the road while riding a bus in South Africa.

Compass Club offers a variety of interest groups in Compass Club, and we are open to new ideas. If we want to continue to grow, we need more exposure of our group in the community.



Crafting & Chatting

Late in June found many of us carpooled or caravanned up to Loon Lake for our gnome painting, and lunch-eon event.

The lovely grounds of the home of our instructor, MariKay, provided the perfect location to paint. A delicious lunch was enjoyed by all and it's safe to say that those who didn't realize they're artists were delighted to discover that they are.

Shari Russell

Crafting & Chatting Chair





www.SpokaneCompassClub.org

September 2023

Compass Club Monthly Planner

SUN	MON	TUE	WED	THU	FRI	SAT
8/27	8/28	8/29	8/30	8/31 <i>Deadline for luncheon reservations/cancellations</i>	1	2
3	4	5 <i>Luncheon 11am</i>	6 <i>Mahjong 1pm</i>	7	8	9
10	11	12	13 <i>Ride the Rails (sponsored by Trailblazers)</i>	14 <i>Books & Coffee 10am</i>	15	16
17 <i>Wine & Spirits 3:00pm</i>	18 <i>Quilt & Stitch</i>	19	20 <i>Mahjong 1pm</i>	21	22	23
24	25	26 <i>Daytime Books 1pm</i>	27	28	29	30