

The Spokane Compass Club Newsletter

May, 2021

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## Luncheon News

Welcome to spring, ladies! There will be a luncheon on, Tuesday, May 4th at Chateau Rive which is in The Flour Mill, 621 W. Mallon Ave, below Clinkerdaggers. Parking is available in The Flour Mill parking lot ( $\$ 2 / \mathrm{hr}$ ) or at meters on the street.

Meeting (voting for new Board Officers), followed by lunch and our speaker.

Our program speaker is Julie Farley, Founder and Executive Director of Project Beauty Share. She was honored in 2019 during The
The menu is an Orchard Chicken Salad (roasted chicken breast, golden raisins, fresh grapes, chopped walnuts \& crisp apples tossed with a sweet cream dressing \& served on a bed of mixed greens), roll w/ butter, Lemon Chiffon Mousse (layered with fresh blueberries \& garnished with whipped cream) and coffee/water. You will also receive a ticket when you check in for one glass of wine. Cost is $\$ 15 \mathrm{pp}$ (including a wine ticket).

Check in/social time starts at 11:00 am. At 11:30, we will have a Business Spokesman-Review's Difference Makers series. Project Beauty Share collects personal care supplies, cosmetics, beauty tools and feminine hygiene products to distribute to local shelters and charities.

Deadline for reservations and cancellations is noon on Thursday, April 29th. If you are on a calling list, the Phone Committee will contact you or email Sue Harris harris1003@comcast.net . Also let her know if have a special request, such as a vegetarian salad or a salad without nuts.

## Dona Farsdahl



## President's Corner

It will soon be the merry month of May - and time to celebrate! In fact, there are 107 "holidays" or special days to celebrate in May. Here are a few of the major ones:

May Day is the first day of May, traditionally a celebration (or festival) of spring and the resurrection of nature after the winter months. It is normally associated with flowers, dancing and Maypoles. May Day baskets can be given to friends and family, as
 well as taken to elderly neighbors or nursing homes. While fresh flowers and candy treats are usually left in the baskets, other things can be included as well.

Cinco de Mayo (May 5) Cinco de Mayo was first celebrated in the United States in Southern California in 1863 as a show of solidarity with Mexico

against French rule. It
is celebrated by Mexican Americans with festive dress, parades and food. Typical spreads for the holiday include tacos, guacamole and tequila drinks.

In the USA, Mother's Day is celebrated on the second Sunday of May each year (May 9, 2021). Following her mother's death in 1905, Anna Jarvis conceived of Mother's Day as a way of honoring the sacrifices mothers made for their children. Anna first held a small memorial service for her own mother on 12 May 1907. Her persistence paid
off in 1914 when President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother's Day.

Armed Forces Day is a special holiday for people all over the world to come together and thank the men and women of the United States Armed Forces. First conceived by President Harry S. Truman, the holiday was established in 1949. Armed Forces Day is celebrated on the third Saturday of every May, this year falling on May 15. In Spokane, we
 hold our Lilac Parade in conjunction with Armed Forces Day. The parade, sadly, will be canceled in 2021 due to Covid-19.

Memorial Day (May 31), for many Americans, conjures up images of hamburgers, hot dogs, swimming pools, and summertime. But the last Monday in May serves, most importantly, as a time
 to honor those who died while fighting in the U.S. Armed Forces. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971.

Hope you can find a special May celebration that speaks to you - perhaps National Apple Pie Day on May 13 or National Pizza Party Day on May 21 or National Wine Day on May 25. Enjoy!

## Maureen Boutz

President


## Slate of Officers for 2021-22

The following are nominees for Officers and Standing Committee Chairs for next year. Thank you to the Nominating Committee (Ann Fly, Hildy Cox, Pat Partovi and Maureen Boutz) for their work in getting this slate of officers for us. The membership will vote on the Officers at the May luncheon.

## OFFICERS:

PRESIDENT - Maureen Boutz
VPs - Linda Milsow, Carole Anderson, Ro Lisk
TREASURER - Kathy Heim
SECRETARY - Dona Farsdahl
CORRESPONDING SECRETARY - Kathy Cousineau

STANDING COMMITTEE CHAIRS:
COMMUNICATIONS - Vicki Deschaine
DECORATIONS - Patty Hostetter
50/50 \& BINGO - Mary Scarpelli
FUNDRAISING/AUCTION - Sandy Colquhoun
HOSTESS - Erin Heilig
INTEREST GROUPS - Sharon Russell
MEMBERSHIP - Ro Lisk
NEWSLETTER - Maureen Boutz
PHILANTHROPY - Susan Miles
PHONE - Sheryl Krauser


## Quilt © Stitch

The big news is that we can meet again! I have reserved Apr.19th for our 1st get-together at the Square Dance Hall on Freya at 1:00.



Linda Jones


The Quilt \& Stitch group meets on the 3rd Monday of each month at the Square Dance Hall on N.
Freya at 1:00. All are welcome. For further informations contact Anne Slauson at 496-2635.

## BYOB

"My doctor told me that jogging could add years to my life. I think he was right. I feel ten years older already." Milton Berle

As more and more of us get their vaccine jabs, the more we will all feel more comfortable in large groups. I sincerely hope we will be able to gather and share our stories over a lovely glass of wine at someone's warm and welcoming home soon.

## Vicki Deschaine

 BYOB Chair
## Golf Group

Golf will be on Tuesday mornings at Esmeralda Golf Course.

For details, contact
Ro Lisk

## Good News!

Do you miss those "good old days" when we had door prizes where we drew names for the table centerpieces? Well, we hope those days will be back soon, but in the meantime, we have Good News for you! As your table decorations chair, I will be drawing names monthly for a lovely prize. This is a random draw and you can only win once. The winners of the April drawing were: Suzanne Lopes, Wanda Podobnik, Dianne Hunter, Ingrid Julagay. Susie Volwiller, Rita Van Cleve, Connie Trowbridge, Cindy Bell, Maureen Boutz, Hilda Cox and Patricia Moseley.

It's so nice to have something to look forward to in these dreary times! Missing you all and hope to see you soon.

## Kathie Heim

Decorations Chair

## Auction $\mathfrak{*}$ Bingo

PLEASE NOTE: The Auction Event has been changed from November 2021 to March 2022.

The Bingo Event has been changed from March 2022 to November 2021.

More information for both events will be reported in future newsletters.

Thank you and please stay healthy and safe

## Patty Hostetter and Mary Scarpelli



## Theatre Goers

We are still on hiatus from the Civic Theater. They have not said when they plan to reopen yet.

2021 will be getting better and hopefully we will get to go to a play and out to eat. Will keep you posted.

The Spokane Symphony is doing some virtual concerts so check their website.

Stay healthy and we will see you soon. Carol Hannah

## Compass Club Board Members \& Interest Group Chairs 2020-2021

| Board Members | Name | Interest Groups | Name |
| :--- | :--- | :--- | :--- |
| President | Maureen Boutz | Two-Bit Tours | Vicki Deschaine |
| Vice President | Dona Farsdahl | BYOB | Vicki Deschaine |
| Secretary | Mimi Anderson | Daytime Books | Kathy Cousineau |
| Treasurer | Pat Partovi | Quilt \& Stitch | Anne Slauson |
| Membership | Ro Lisk | Wine Tasting | Rita Van Cleve |
| Philanthropy | Susan Miles | Books \& Coffee | Kathi Brandmueller |
| Fundraising | Patty Hostetter | Bridge | Ro Lisk |
| $50 / 50$ Bingo | Mary Scarpelli | Happy Feet Hikers |  |
| Decorations | Kathie Heim | Compass Campers |  |
| Newsletter | Kathy Piper | Night Owls | Ann Lively |
| Communications | Vicki Deschaine | Young \& Fun Group | Shari Russell |
| Interest Groups | Shari Russell | Scrappin' \& Craftin' | Judy Brender |
| Phone Committee | Sue Harris | Theatre Goers | Carol Hannah |
| Hostess | Erin Heilig |  |  |
| Corresponding Secy. | Kathy Cousineau |  |  |
| Advisor/Past President | Ann Fly |  |  |

Please refer to your Compass Directory for contact information.


## May Birthdays

| 11 | Sharon White |
| :--- | :--- |
| 13 | Maureen Boutz |
| 13 | Dona Farsdahl |


| 18 | Mimi Anderson |
| :--- | :--- |
| 21 | Susan Miles |
| 22 | Erin Heilig |

## Wine Tasting

We are fortunate to have a lot of wonderful wineries in our local area. An easy resource to learn more about them is the Cork District website https://corkdistrict.blog/ There is information on each member winery, their hours and a map. If you have any visitors arriving on Alaska Airlines, please check out Alaska's partnership with the Cork District. They may be interested in the free wine tastings and the "Wine Flies Free" program.

Our local wineries and CC wine group received good news when Spokane moved to Phase 3. This allows more people to gather indoors and outdoors. We have missed wine tasting together and hope to reconvene in June. This depends on finding a venue that is capable and willing to accept our group as well as Spokane remaining in Phase 3 or even better, Phase 4. If you are not currently part of the wine group, but would like to join us, please email me, rcvan-
 cleve@gmail.com

## Rita Van Cleve

## Interest Groups

## Dear Friends ~

So very excited that more of our interest groups are going to be able to begin their activities in person this year. That said we are still looking for interest Group Leaders for 'happy feet hikers' and 'Compass Campers'. Please let me know if you'd like to lead one of these groups.

I took a little bit of a detour down Memory Road \& have two photos to show you. In the late 1990s Quilt \& Stitch Group put together a queen/ full quilt for raffling during a Luncheon. I was the lucky winner ~ look at the signatures of these members.

We are getting closer to our in person hello's ~ so Friends, Hang On! Regards,

Shari Russell<br>Interest Group Chair



## Crafting \& Scrapping

Time to get outside girlfriends!
Although we are still unable to craft together... Plenty of opportunities for outdoor activities with your family that allows for decorating and inspiring us. There continues to be many online free classes, limited opportunities for shopping and opportunities for fun!

* As The Crow Flies in Chewelah is open Wed - Sat. They have kits, beautiful quilting and project fabrics as well as items for sale. Check their website for online videos.
*3 Craft Chicks in Airway Heights offers shopping hours at the coop and will have times available in Cheney for shopping their extensive kits, crafts projects, scrapbook and card making supplies. Check their website.
*Layle By Mail continues her Saturday free travelers notebook classes via Facebook.
- Hallmarks home and garden sprinkles their morning TV show with DIY projects.rafting \&
 Scrapping

So much to do... So much to do! Spring seems to be a great time for us to focus with renewed energy on our crafts.

A great piece of news is that one of our local craft stores was recently showcased in our newspaper, The Spokesman Review. WooHoo for 3 Craft Chicks in Airway Heights.

What are you doing this month to rejuvenate your creative juices?

Judy Brender<br>Crafting \& Scrapping

## Quilts, continued



## Pbilanthropy

Don't miss your last chance to donate to Free Rein. There are two ways to donate in May: by mailing a check to Pat Partovi, or by purchasing tickets at the May luncheon. If you choose to send a check, please make sure you get it in the mail so that it arrives before April 29. Pat will need them to generate a report for me so that I can prepare those tickets and bring them to the luncheon. This is also the last chance to enter the drawing for the grand prize. Good luck everyone!

Congratulations to Irene Hernandez who was our April winner and who is now eligible to be entered into the grand prize drawing at the end of the season.

I will be drawing one name each month until the end of the season. Of these monthly drawings, one will win the grand prize. Ladies who are eligible to be in the drawing for the grand prize so far, are: Patty McCarty, Ann
 Fly, Pat Partovi, Tricia Sims, Dona Farsdahl, Sandy Colquhoun, Kathy

## Cousineau and Irene Hernandez.

Remember-if you are not one of the lucky ones eligible to enter to win the Grand Prize, don't worry. I am saving ALL of your tickets, and we will have more drawings from them for more prizes at the end of the season.

So be sure to purchase your tickets now so that you will not miss out on any of the wonderful prizes we have in store for you. Tickets are $\$ 5$ for 6 tickets, $\$ 10$ for 12 tickets, etc. Send your donation/check (and be sure to mention that it is for Philanthropy) to our treasurer, Pat Partovi (see your Directory for Pat's address).

Thank you all for your generous contributions to Free Rein. You are going to make them very happy.

Good luck everyone!

## Susan Miles

Philanthropy Chair

## A Note From Ann

Once again while reading I found another article that proves women are to be reckoned with. Susanna "Dora" Salter was doing her laundry when she got the news: She had been elected mayor of Argonia, Kansas. Just like that, the 29 year old became the first woman mayor in the United States- without even mounting a campaign.

Salter's name had appeared on the ballot as a cruel joke to humiliate her for speaking out in public about politics. Now the joke was on the men of this tiny town, it was 1887, and when it came to suffrage, Kansas was one of the country's most forward thinking states. Ms. Salter received two thirds of the votes, and on April 1887 started the mandated one year term. She did not seek re-election.


Thank you for reading my little notes, I hope you've enjoyed them. Stay safe and enjoy your summer. Ann Fly

## Night Owls

Here is the schedule for the Night Owl's book group for the 2020-2021 season.

5/20 A Long Petal of the Sea
by Isabel Allende
Hostess: Ginny Langpap
6/17 next year's book selection dinner
Hostess: Anne Lauderbaugh

## Ann Lively

Night Owls chair


## Bridge Group

Bridge will be on Thursdays at 1:00 with play rotating between member's homes.

For details, contact Ro Lisk


## Happy Feet Hikers

So.....who is ready to get together and walk/hike at this time?

Susie Volwiler has stepped down as our chairperson, so we are currently leaderless!

SO...who is willing to take over the leadership of this group? All you have to do is pick where to hike (or, walk) and let the newsletter know place and time so interested hikers can join in. Weather is getting nicer and aren't you just itching to get out and walk away those quarantine blues?


## Daytime Books

May 25 Cold Millions, by Jess Walter

Jun 29 Choose new books
Kathy Cousineau
Daytime Books chair


## Books and Coffee

We will meet on May 13 at 10am on Zoom.

## 5/13/2021 Keeper of Lost Things by Ruth Hogan

6/10/2021 Educated by Tara Westover

Kathi Brandmueller Books and Coffee chair


## The WaterCooler

## Fruit Shrub recipe

Our spring and summer is fast approaching and cool, refreshing drinks are a treat. I can't be the only one not a fan of soda pop and such. I came across this 18th century English recipe for fruit shrub to quench my thirst without so much sugar:

Ingredients:
1 cup fruit ~ coarsely chopped
$1 / 2$ cup sugar or to taste
1 cup apple cider vinegar
Mixer of choice: water ~ still/tonic/mineral/club soda vodka: optional


Instructions:
Put fruit, sugar and vinegar in a glass bowl. Mash a bit with a potato masher or fork and combine. Cover and let sit on the counter or in the refrigerator overnight. Strain and transfer to a sealable glass container and store in the fridge. To serve: in a glass add a couple of tablespoons of shrub, some ice and top with your mixer of choice and enjoy!

I've made this with rhubarb/strawberry/peach but my favorite is frozen raspberries. I serve mine topped with plain water and a splash of tonic water.....and vodka if I've been out in the yard working all day!!

Vicki Deschaine

## Caring Corner

Thinking of You card was sent to Shirley Calkins.
Our friend and long time member, Mari Ann Leffler, passed away on Monday, April 5, after a fall in her home.

Thanks.

## Kathy Cousineau

Corresponding Secretary

## Photos from FREE REIN



www.SpokaneCompassClub.org

MAY 2020
Compass Club Monthly Planner

| SUN | MON | TUE | WED | THU | FRI |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  | SAT |
| 2 |  |  | Compass <br> Luncheon |  |  |  |

