



# THE COMPASS ROSE

## CALENDAR

9/19 Quilt & Stitch 1:30  
 9/19 & 26 Golf  
 9/20 Daytime Bridge 1:00  
 9/25 BYOB 4:00  
 9/27 Happy Feet Hikers 9:00  
 Daytime Books  
 9/29 Scrapbooking 10:00  
 9/29 Deadline for luncheon  
 reservation  
 9/30 Deadline for luncheon  
 cancellation  
 10/1 Wine Tasting 5:15  
 10/2 Theatre Goers 2:00  
 10/3 & 10 Golf  
 10/3 Happy Feet Hikers 9:00  
 10/4 Luncheon 11:30  
 10/11 Daytime Bridge 1:00  
  
 10/12 Culinary Corner  
 10/13 Books & Coffee 10:00  
 10/17 Happy Feet Hikers 9  
 Quilt & Stitch 1:30  
 10/18 Daytime Bridge 1:00  
 10/20 Night Owls 7:00  
 10/23 BYOB 4:00  
 10/27 Scrapbooking 10:00

## LUNCHEON VENUES

### November 1

Airport Ramada Inn - Auction

### December 6

Manito Country Club - Deja Vu

## October LUNCHEON

**Luncheon:** October 4, 2016, High Country Orchard, 8518 E. Greenbluff Rd., Colbert, WA

**Program:** Ladies, you are in for a treat! Author, Intuitive Mentor, and Psychic Medium, Dr. Candess Campbell has been empowering and supporting others in raising their vibrational energy for over 20 years. She has a Doctorate in Clinical Hypnotherapy, a Master's in Counseling Psychology, and a Bachelor's in Psychology with a minor in Religious Studies. She is the author of a #1 best seller, 12 Weeks to Self-Healing: Transforming Pain Through Energy Medicine.

Dr. Campbell will do readings for the attendees and also talk about her book and share how you can read yourselves.

### Menu:

Basil tomato soup, penne pasta with spinach, and Caesar dressing  
 Choice of 1/2 sandwich on honey wheat bread: either ham/swiss or turkey/provalone

Apple pie a la mode

(Vegetarian/gluten free option: tomato basil soup, Caesar salad, ice cream)

Coffee, lemonade,

Wine bar \$1.00

**Check-in:** 11:00

**Meeting:** 11:30

**Lunch:** 12:00

**Cost:** \$20.00

**\*High Country Orchard will offer a 15% discount on store merchandise the day of the luncheon.**

**Reservations must be received by Thursday, Sept. 29. Cancellations**

**must be received by Friday, Sept. 30 Email**

**compassres@gmail.com. For a reservation or to cancel a reservation, call Cheryl at: 455-7789 or email: compassres@gmail.com.**

## PRESIDENT'S MESSAGE

Things are changing, the kids have returned to school, the days are getting shorter, leaves are turning color and the temperatures are cooling. This means autumn is here. A few days ago I was out for a walk and was treated to the crunch and rustle of leaves with each step I made.

Things may be dying outside but they are ramping up with our club. Our interest groups are up and running and we hope our new ladies will check them out. Our wonderful ladies are even thinking of other interest groups such as bowling and pinochle.

Our annual auction will be held on November 1st at the Ramada Inn.

As a reminder this is our primary means of acquiring operating funds for our club. Please be on the lookout for “treasurers” you no longer can use nor have a need for but others would really love. All interest groups are encouraged to donate baskets, dinners, or whatever else is in their repertoire of skills. Contact Shirley Shirkey or Deena Munguia if you have items which need to be picked up, or give the items to your Interest Group leader.

As you can see on our calendar the October luncheon will be held at High Country Orchards. For those of you who haven't been to Green Bluff, you are in for a big treat. Picking fresh fruit is just the beginning! The Green Bluff community of friendly farms offers something for everyone. Enjoy a stroll through one of the many eclectic gift shops, play areas for kids, craft beer and cider and much more.

As your president for 2016/17 I just want to say keep up the good work!!!! Our collective efforts make our Compass Club work.

Your President,

Kathie Heim

### JUST ANOTHER DAMN AUCTION

The committee for the November auction has been working through the summer, and has two requests of Compass Club members:

1 The committee is collecting donation items, so please bring your donations to the October luncheon. Contact Shirley Shirkey or Deena Munguia if you have items which need to be picked up, or give the items to your Interest Group leader. (Contact info is in the membership directory.)

2 Volunteers are needed for auction setup day (October 31st) and for the day of the auction (November 1st). Volunteer sign up sheets will be on the tables at the luncheon, or you may contact Shirley or Deena.

This is always a fun event, so please put the dates on your calendar, help with donations (hosted events, baked goods, baskets of irresistibles, gently used or new items)..... AND bring a friend or two. For more detailed information, please see the article in the September newsletter.

The Compass Club board hopes to see all of you on November 1st!

### RSVPS & EVENT NOTIFICATIONS BY EMAIL:

Ladies, step into the future.

Receiving notifications of upcoming Compass Club events, and having the option of sending an RSVP with 1 or 2 clicks, is now available through our presence on Meetup.com.

\*\*\* Join Compass Club's Meetup.com page and your name will be entered in a drawing to be held in March for a special prize...to be announced soon.

Setting up an account on Meetup.com is easy using an email address and password (you can create a free email account on gmail or Hotmail if you don't want to use your regular one). It's easy to set your preferences so that you receive only alerts of upcoming events for Compass Club.

1. Go to Meetup.com
2. Set up an account with your email address, password, and real name (necessary for RSVP's)
3. Click “Find a Meetup Group” (upper left corner), and search on “Spokane Compass Club, Women's Social Club”.
4. Ask to “join”.
5. It may take a day or two, but you will receive a Welcome to Meetup message.

If you have questions, or would like help setting up a Meetup account, email: enoria@comcast.net.

### PHOTOS OF YOU AND YOUR LOVELY FRIENDS:

We use our Facebook page to attract new members, and to share the fun with members who could not attend events.

We will also be providing a Preview of the November auction items by posting photos on Facebook!

If you are concerned about privacy, have questions, or would like help, please email:

enoria@comcast.net. STEP INTO THE FUTURE

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## BOOKS & COFFEE>

Books & Coffee Club meets on the second Thursday of the month. Meeting time is 10:00AM. Volunteers offer their home as place of venue. The hostess will offer a light refreshment. Attendees, please RSVP the hostess for that month.

Here is our Fall Schedule:

**October 13th:** *Sound of a Wild Snail Eating*

by: Elizabeth Tove Bailey Pages: 190

Hostess: Becky Dahlager Phone: 714-8642

**November 10th:** *Dead Wake* by: Eric

Larson Pages: 430

Hostess: Myrna Brandmueller Phone: 534-8807

**December** - Christmas Tea

**January** - No Meeting

If you have any questions, please contact:

Tudi Pitman, Chair Person

927-8495

## BYOB>

Come join the fun at this casual social gathering open to all members of the Compass Club, their friends and family. Our Sept. gathering will be at Vicki Deschaine's home on Sunday, Sept. 25th and begins at 4 p.m. and ends around 6-ish. Please bring a savory nibble to share and the beverage you wish to drink. RSVP's are a must! Call to let her know if you are attending so that she may plan her party!!

Our fall/winter schedule is as follows:

Sept 25th - Vicki Deschaine

Oct 23rd - Elaine Carleton

Nov 13th - Sonia Bertsch

Dec 11th - Marti Lee

We don't have any scheduled after

December so if you would like to volunteer

to host a BYOB gathering, please let me know!!

See you there!

Vicki Deschaine, BYOB Chair

## COMPASS CAMPERS.>

Compass Campers had a great season of camping. We had a large group who camped at Chief Timothy Park down near Clarkston. We fished, kayaked, boated, hiked, and Bar-B-Qued, among other things. Everyone had a great time.

There is one final camp-out scheduled for Steamboat Rock near Electric City. Current dates are September 12 - 18. Come for part or come for all.

Anyone who wishes to join Compass Campers may do so by sending an email to [marti.lee@yahoo.com](mailto:marti.lee@yahoo.com).

## CULINARY CORNER>

For October, Culinary Corner will take in the Night Market at Kendall Yards on Wednesday, October 12, starting at 4p.m. when it opens, followed by Happy Hour at Nectar's wine bar, about 4:30. In addition to the farmer's market offerings in Kendall Yards' blocked-off main street and the vans offering prepared food, don't forget the excellent Country Loaf or baguette you can purchase at Central Foods. The market is open until 8PM. For more info, contact Susan Gray.

## DAYTIME BOOKS>

Book for October is the *Tsar of Love and Techno* by Anthony Marra.

Hostesses are :  
 Northside. Becky Dahlager  
 Southside. Sheryl Krauser

### GOLF/BOWING>

Golf is winding down. There are still a few more Mondays to play. Please contact deb Spiger at [dmspiger@gmail.com](mailto:dmspiger@gmail.com), or 509-251-8969 to play. We are transitioning into bowling for the winter. Please let Ro Lisk or deb Spiger know if you are interested. We will be playing on Mondays (probably afternoons) in the valley.

### HAPPY FEET HIKERS>

We are a group of ladies that enjoy walking/hiking in and around the Spokane area. We like to explore new places as well as continue to frequent our favorite trails close to town. We normally walk/hike for about an hour and then get together for coffee or lunch if time permits in our busy schedules. This season we will be meeting the 1st and 3rd Monday of each month. October 3rd we will meet at Sontag park (on Charles Rd) at 9am and enjoy a walk along the newly extended Centennial Trail. The trail is paved, fairly flat and meanders through the trees. As we walk we can discuss which other trails we want to explore for future dates. Please contact me if you have questions.  
 Susie Volwiler  
[SUSIEVOL@yahoo.com](mailto:SUSIEVOL@yahoo.com)  
 831-233-8649

### NIGHT OWLS>

The Night Owls book club October meeting is on Thursday the 20th at Ginny Lingpap's house, 812 W 13th Ave and starts at 7:00. Please contact her to let her know if you are attending, [glangpap@gmail.com](mailto:glangpap@gmail.com) or 863-9495. The book selection is **My Brilliant Friend** by Elena Ferante.

### QUILT & STITCH>

Quilt and Stitch meets at 1:30 at Corbin Senior Center on October 17th.

### SCRAPBOOKING>

We are at a scrapbooking, crafting, crop store called 3 Craft Chicks. 14915 Highway 2, Airway Heights. Open 10:00 till 5:00 so we can stay all day if we want. \$5 for the whole day.

Dates coming up. The 4th Thursday of the month. October 27th.

Contact Judy Brender [dlbrender@aol.com](mailto:dlbrender@aol.com)

### THEATRE GOERS>

Here is the Theater Goers Schedule for 2016-2017. It is tentative depending on ticket availability. We attend the 2 o'clock Sunday matinees at the Civic Theater. Afterwards we go out for dinner at various restaurants. Here are the plays and dates:

"A Street Car Named Desire"—**Nov. 6th**, & Europa

"Forever Plaid: Plaid Tidings **Dec.11th** & Safari Room

"A Little Night Music" **Feb 26th** & The Onion Downtown

"Noises Off "

**April 9th** "Noises Off"- &

Anthony's

"Kiss Me Kate"--**June 4th** & PF

Chang's . The cost of the tickets are \$30 for Adults, \$28 for Seniors (65and over) for the Musicals. Play costs are \$27 for Adults and \$25 for Seniors. I send out reminders of upcoming plays and the purchase of tickets to anyone on the theater list. If you have any questions or wish to be put on the e-mail list please let me know, you can contact me at 509-467-4106 or at [cthannah@q.com](mailto:cthannah@q.com). Thanks Carol Hannah

### WINE TASTING>

The first event for our Wine Tasting Interest Group's 10th season will be on October 1st at a different, temporary location, which is Vino Wine Shop, 222 S. Washington Street, Spokane.

The tasting will begin at 5:15 PM and end at 6:45 PM. The tasting fee remains at \$10 per person.

A few days ago we learned that The Fairwinds again will be undergoing more renovations. This means that the banquet room we have been using for the past 6 seasons will be unavailable for the rest of 2016.

Fortunately and thankfully, John Allen and his staff (Tom) are willing to help us host our tasting events during this break in space availability up north.

As WTG members should know, we do not have any tasting event in January, due to year-end holidays. So, however, we will return to The Fairwinds on February 4th at the usual time of 5:00 PM.

For these three 2016 dates, we will be overlapping with Vino's regular Saturday tastings, which run from 2 to 5 PM. Tom says this should work out but, initially, parking may be a problem.

For your calendaring purposes, here then is the information for our tastings this season:

For the remainder of 2016 at Vino:  
10/1; 11/5 and 12/3.

For 2017 at The Fairwinds:  
2/4; 3/4; 4/1; 5/6 and 6/3

Further details will be handled by WTG member emails. Please send your questions, if any, to Dan or Kit.

Thanks and cheers,  
Sue and Dan Harris  
Karen and Kit Eckel

## PHILANTHROPY

Thank you, thank you ladies for your generous contribution to philanthropy this month, a whopping 163 dollars into the pot. Susan Miles was the happy winner of the Swedish cheese, cheese slicer and wooden board. We are all winners to be a part of this wonderful cause. A special thank you to deb Spiger for delivering the school supplies to the Air Force Base.

Regards,  
Ann Fly

## CORRESPONDING SECRETARY

All September birthday cards have gone out to members...Thinking of you cards have been sent to Jan Ferguson and Birgitta Landreth Please let a board member know if there is a member of the club that needs a card sent

Thank you. Carol Hannah

## Compass Club Luncheon Minutes September 6, 2016

The meeting was called to order at 11:40 am at the Spokane Convention Center. Guests and new members were introduced.

The minutes of the June luncheon were included in the September newsletter and were approved as written.

The treasurer's report was available on the tables and was approved as written.

President Kathie Heim announced that Birgitta Landreth had surgery on Sunday and she is doing well, expecting to go home on Wednesday.

Vicki Deschaine called for the interest group reports since April Laschinger won't be able to come to luncheons until after her surgery.

deb Spiger and Ro Lisk have been co-chairing the Golf interest group and the group has been a lot of fun, playing at Esmeralda on Mondays. Members can email either of them if they would like to join the group. In the winter the group will transition to bowling at Valley Bowl.

Carol Hannah reported on the Theater Goers interest group and asked people to contact her if interested. Details were provided on the tables and in the newsletter. She also asked people to contact her if they are not getting birthday cards. She passed around the list of birthdays and asked members to review it and make any corrections necessary.

Susan Gray reported that the Culinary Corner group would meet on September 24 for a Garlic 101 Act 2 class offered by SCC. Details are in the newsletter and a registration must be made at the SCC web site.

Susie Volwiler sent around a signup sheet for Happy Feet Hikers and, in response to a question, said that dogs are allowed if the hiking trail allows them.

Judy Brender invited people to join the Scrapbooking group, which includes all kinds of crafts. They meet on the 4th Thursday of the month at 3 Craft Chicks in Airway Heights. Details are in the newsletter.

Ro Lisk reported that the Bridge group has 8 members and will be meeting to determine where to hold the games.

Pat Partovi reported that the Dinner group is starting a new session and members can contact the new chairs, Linda Milsow and Ginny Langpap for details. The group is described in detail in the newsletter.

Deena Munguia reported that each item donated to the auction must have a form filled out and copies of the form were on the tables and are also available on the web site. There was a volunteer signup sheet for the auction and people were encouraged to sign up.

Vicki Deschaine invited people to the next BYOB at her house on September 25 from 4:00 to 6:00 pm. You MUST RSVP in advance (5 days was suggested) so that the hostess can plan her party. If there aren't enough RSVPs within a few days of the event it will be cancelled. Elaine Carlton will host the next one on October 23.

Dona Farsdahl said that the luncheon reservations are normally required by the Thursday prior to the Tuesday luncheon in order to get the attendance number to the caterers in time for them to plan the meal.

President Kathie Heim announced that if you bring in a new member there will be a prize at the end of the year. She also honored the past presidents with a bouquet of flowers and a heartfelt thank you for their prior service.

The 50/50 drawing was won by Bev Hayes and Susan Miles won the philanthropy drawing. Two other people won the extra bouquets.

deb Spiger asked people to let her know if they aren't getting the newsletter emailed to them.

Dona Farsdahl announced that she will be having an open house next Wednesday to show her crafts.

Mimi Anderson introduced the speaker, Robyn Nance, who talked about women in broadcasting and her Wednesday's Child segments as well as Teen Closet.

The meeting was adjourned at 1:30 pm.

Pat Partovi

Recording Secretary

## OCTOBER BIRTHDAYS

10/ 1 Joanne Moyer

10/2 Kathy Howlett-McGee

10/3 Jan Wilson

10/3 Sophie Dufrasnes

10/8 Judith Kocher

10/11 Susan Gray

10/14 Nancy Mackenzie

10/14 Cheri Susens

10/15 Suzanne Schneider

10/16 Connie Smith

10/23 Karen Koch

10/25 Anne Slauson

10/27 Shirley Calkins

## 2016-2017 Board Members and Committee Chairs

### Executive Committee:

President	Kathe Heim
1st Vice President	Mimi Anderson
2nd Vice President	Suzanne Lopes
Treasurer	Ro Lisk
Recording Secretary	Pat Partovi
Corresponding Secretary	Carol Hannah
Past Pres/Advisor	Shari Russell

### General Board Members:

Newsletter	deb Spiger
Decorations	Hildy Cox
Membership	Sue Harris
Webmaster	Kathy Piper
Philanthropy	Ann Fly
Phone Committee	Dona Farsdahl
Communication/Facebook	Morgan Smith
Ways and Means	Deena Munguia
	Shirley Shirkey
Interest Gps Coord.	April Laschinger

### Interest Group Chairs:

Books & Coffee	Tudi Pitman	Quilt & Stitch	Sue Harris
Bridge	Ro Lisk	Scrapbooking	Judy Brender
BYOB	Vicki Deschaine	Theatre Goers	Carol Hannah
Compass Campers	Marti Lee	Trash to Treasure	Mimi Anderson
Compass Dinner Group	Ginny Langpap		Shari Russell
	Linda Milsow	Two Bit Tours	Vicki Deschaine
Compass Gardners	Shirley Calkins	Wine Tasting	Karen Eckel
Culinary Corner	Susan Gray		Sue Harris
Daytime Books	Becky Dahlager		
Games	OPEN		
Golf	deb Spiger		
Happy Feet Hikers	Linda Milsow		
	Susie Volwiler		
Night Owl Books	Ann Lively		
Pinochle I	Marcia Rowley		



The Compass Club  
Spokane, Washington  
[www.SpokaneCompassClub.org](http://www.SpokaneCompassClub.org)  
Facebook  
[www.facebook.com/pages/  
Spokane-Compass-Club-  
Newcomers-and-Womens-  
Social-Group](https://www.facebook.com/pages/Spokane-Compass-Club-Newcomers-and-Womens-Social-Group)

September's luncheon at the Spokane Convention Center was a great start to our 2016-2017 year. Our guest speaker was KXLY's Robyn Nance. She is co-anchor of Good Morning Northwest, and also hosts a weekly segment on foster children called Wednesday's Child. Robyn and her husband are foster parents as well. She addressed the highs and lows of fostering a child, and her passion for these children was very evident. Robyn co-founded Teen Closet, where teenagers in need can come and shop for free. The stories she shared about these children touched our hearts. Thank you, Robyn!