



# The Spokane Compass Club Newsletter

## THE COMPASS ROSE

March 2014

MARCH 4TH LUNCHEON

PRESIDENT'S  
MESSAGE

### UPCOMING EVENTS

- 2/27 Deadline for luncheon reservation
- 2/28 Deadline for cancellation of luncheon reservation
- 3/1 Wine Tasting 5:00
- 3/4 Luncheon 11:00
- 3/13 Books & Coffee 10:00
- 3/16 Theater Goers 2:00
- 3/17 Quilt & Stitch 6:00
- 3/20 Night Owls 7:00
- Culinary Corner (see article)
- 3/25 Daytime Books 11:30

### PREVIEW OF UPCOMING LUNCHEON VENUES

April:

Twigs at Wandemere  
Program by Big Table

May:

At Beacon Hill  
With Chico presenting  
Accessorizing Ideas

June:

Rooftop at the Convention  
Center  
Presentation to Hospice of Spokane  
& Installation of New Officers

Please join us for our annual Bingo Luncheon at the Ramada Inn next to the Spokane Airport.

Check in: 11:00 Lunch: 12:00

Menu:

Homestyle Meat Loaf  
Tortellini Primavera  
Garden Salad  
French Rolls  
Tiger Cake (White & Dark Chocolate)

Alternate meal:

Mediterranean Wrap: hummus, tomatoes, cucumbers, lettuce, sprouts & feta cheese, dressed with a balsamic Simple Syrup & olive oil & wrapped in a large tortilla  
Served with Lentil Soup  
French Rolls  
Tiger Cake

Wine will be available for purchase directly from the Ramada Inn. Coffee, Tea and assorted drinks (soda, milk) are included with the meal.

Cost for either meal is \$16.00

If you would like the Mediterranean Wrap, please contact Mimi Anderson at: meemanderson@hotmail.com, or 892-5885. **Please note: there will be NO option to order from the Ramada restaurant menu.**

For luncheon reservations, or to cancel a reservation, call Sheryl at: 455.7789 or email: [compassres@gmail.com](mailto:compassres@gmail.com) (all lower case letters)

**For March luncheon reservations, any late calls or cancellations after Thursday, Feb 27<sup>th</sup> should be made to Mimi Anderson at 892-5885.**

Our February speaker DeAnn Wilfong's tips for downsizing will be very helpful this coming spring when we clean out those closets and basements! Kudos to our Vice Presidents and the Evergreen Fountain staff - the food was very tasty with a lovely presentation!

The ever popular Bingo and Meat Loaf is our next gathering at the Ramada Inn. Bring your friends and neighbors to join in the fun!

The current Board is looking for club members who would like to be a part of organizing the club functions for next year. Don't be shy! Speak up and let one of us know that you'd like to help your club stay vibrant.

In memory of my Mom, I am still collecting small stuffed toys to give to the ambulance crews who respond to emergencies. I have quite a few, but as my physics professor said - if a little bit is good, a whole lot is better! Cheerio!  
Vicki D.

"You only live once, but if you do it right, once is enough."

— Mae West





It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.

-Charles Dickens in *Great Expectations*

### NOTE:

For most luncheons, the restaurant or caterer will be able to offer a vegetarian meal option.

☞ **This choice must be indicated when you make your luncheon reservation.**

Please remember that any member or guest who does not wish to eat lunch is still more than welcome to participate in the meeting and socializing. There would be no cost for this.

### CORRECTION

For those of you sending your luncheon reservation to "[compassres@gmail.com](mailto:compassres@gmail.com)" please note that this must be typed with NO capital letters.

And as a reminder, Sheryl typically checks the Club's **Gmail** account only during the week prior to each luncheon. If you need an answer to something during the month, it is best to call her or to send a message to her personal email account listed in the Membership Directory.

### BINGO AND MEATLOAF

Yes, it's time for our annual fun-filled bingo event. Come to win CASH prizes and to enjoy the company of other Compass Club members. There will be plenty of room to bring family and friends to join the fun.

Bingo cards will be available for \$5 per pack or 3 packs for \$12.

Your Ways & Means Team

### ...MORE ABOUT BINGO !

For those members who have recently joined our Club, an explanation of the March meeting seems to be deserved. For as many years as I have been a member (since 1993), there has been a Bingo Luncheon held at the Airport Ramada with Meatloaf served as the entree. Over the years, Presidents and Vice Presidents have tried updating various Compass "traditions", but this one will never be changed. We hope that all members who aren't snowbirding will join us for lunch and a fun afternoon of gaming and prizes.

### Driving Directions:

The Ramada is located on the left as you approach the Spokane International Airport. Watch for a sign with Ramada's logo, and be prepared to make a turn from the left hand lane.

Ro

### PERENNIALS

"If you have a garden and a library, you have everything you need."

-Cicero

Gazing out the window at piles of snow, we still have faith that spring will be here before we know it.

This year's greenhouse, nursery, and garden visits will include some favorites, and some new places to explore. We plan to begin in late March with a repeat of Dee's (fabulous) Secret Garden Greenhouses.

Vinegar Flats is the location of Vicki's Greenhouses, our mid April destination, new to us this year and offering a huge assortment of annuals, perennials, vegetables, berry vines, and garden art and supplies.

Watch your email for exact dates and locations. If you are not on the email list for the garden group and would like to be included, send an email request to Morgan or Sue.





### DAYTIME BOOKS

We meet at 11:30 AM for discussion and lunch. The hostess provides the greens, bread/rolls, and drinks. Everyone brings something for the salad bar.

Becky Dahlager, Chair

- March 25<sup>th</sup> **Transatlantic** by Colum McCann  
Hostess: Sylvia Bumgarner
- April 22<sup>th</sup> **Life after Life** by Kate Atkinson  
Hostess: Marjorie Bender
- May 27<sup>th</sup> **Girls of Atomic City** by Denise Kiernan  
Hostess: Barbara Birch
- June 24 Choose books for next year  
Hostess: Ellen Blaschke

### CULINARY CORNER

Have you ever wondered how to corn beef? Well, now is your chance to learn and impress your Irish friends and family with a traditional St. Patty's day meal fit for your favorite leprechaun! Our March culinary corner event will be hosted by and at the home of Vicki Deschaine. You will not want to miss this informative and sure to be lively cooking session. We typically meet the 3<sup>rd</sup> Friday of each month, but depending upon a vote by those in attendance at the February 21st event (at Susie Schneider's condo club house), we may reschedule for the 2<sup>nd</sup> Friday of March, prior to St. Patrick's Day and...in time to corn your own beef for a St. Patrick's Day meal the following Monday.



Please let Joy Kemp (joykemp@earthlink.net) or Vicki Deschaine (ldandsc@gmail.com) know if you would like to join the group. We always send out email notices to the group to share details of each event.

Happy Cooking,  
Joy Kemp & Vicki Deschaine

### NOTE:

Are you active in a volunteer activity which would welcome the support or contributions of other Compass Club members?

To have this information published in the newsletter, please send details about your group to: enoria@comcast.net



### NIGHT OWLS



March 20<sup>th</sup>

April 17<sup>th</sup>

May 15<sup>th</sup>

June 19<sup>th</sup>

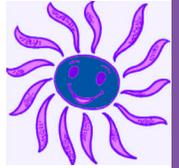


### SENDING SUNSHINE

A 'Thinking Of You' card was sent to Imelda Williams.

A 'Get Well' card was sent to Eleanor Weston.

A 'Sympathy' card was sent to Sharon White, and to the family of Margaret Soderberg.



The Friend who holds your hand and says the wrong thing is made of dearer stuff than the one who stays away.

-Barbara Kingsolver

### WHAT YOU MAY HAVE MISSED

**ZipList.com** for great recipes (January newsletter)

**Smile.Amazon.com** benefits your favorite charity at no cost to you (January)

**BookBub.com** Low prices on books for eReaders (December)

**Amazon.com's Best Books of 2013** (January)

**Wall Street Journal's Best Books of 2013** (February)

**The Aviator's Wife** by Melanie Benjamin  
Hostess: Jan Lohan

**The Burgess Boys** by Elizabeth Strout  
Hostess: Myrna Brandmueller

**The Girls of Atomic City** by Denise Kiernan  
Hostess: Ginny Langpap

**On Chesil Beach** by Ian McEwan  
Hostess: Linda Milsow

## WINE TASTING

The 6<sup>th</sup> session of the 7<sup>th</sup> wine tasting season will be held on Saturday, **March 1<sup>st</sup>** at The Fairwinds Northpointe Retirement Community, 520 East Holland. Their telephone number is 468-1000.

We have made reservations at The Fairwinds for the remaining regular tastings for this season. Please mark your calendars for: April 5, May 3, and June 7.



We welcome new members and hope that this announcement will spark your interest. Please contact any of the four of us at either of the email addresses below.

Each tasting event will start promptly at 5:00 PM and end at 6:30 PM. The fee for tasters will be \$10 per person, and guests are always welcome. We hope to see you there.

Cheers !!!  
Karen & Kit Eckel:  
kit.eckel@comcast.net  
Sue & Dan Harris:  
harris1003@comcast.net

## COMPASS CLUB ON FACEBOOK

Wow! Readership went way up following posting of photos of the January dinner at Glover Mansion. Our FB page seems to be attracting even non-member viewers. If you have photos of Interest Group activities, community info, recipes, etc., post them to the club's FB page OR email them to: enoria@comcast.net.

## BOOKS & COFFEE

Our monthly meetings are the second Thursday of each month. We begin our discussions at 10 AM at selected homes.

- March 13<sup>th</sup>: **White Mary** by Kira Salek  
Meeting Place: Joyce Colclough's
- April 10<sup>th</sup>: **Light between the Oceans** by M.L. Stedman  
Meeting Place: Myrna Brandmueller's
- May 8<sup>th</sup>: **The Girl You Left Behind** by Jo Jo Moyes  
Meeting Place: Becky Dahlager's
- June 12<sup>th</sup>: **The Burgess Boys** by Elizabeth Strout  
Meeting Place: to be determined
- July 10<sup>th</sup>: **Orphan Train** by Christina Kline  
Meeting Place: Tudi Pitman's

Leaders: Tudi Pitman & Nan Colburn

"You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."

- Dale Carnegie

## KNITNIT N MORE

We are continuing to enjoy each other and our common interest in knitting and crochet. We are working on a variety of projects, but hats and baby blankets are very popular.

If you would like to join us, we would be happy to welcome you. Our meetings are the 2<sup>nd</sup> Monday of each month from 1.00 pm to 3.00 p.m. Please contact me and I can advise you of the details.



Jan Wilson



## NOTE:

The newsletter each month lists names and contact info for new members. Please take a moment to copy the information to your Membership Directory. Check to see if any of the new members live near you and might want to get together or drive with you to a luncheon or Interest Group meeting.

## NOTE:

The cost of having newsletters printed and mailed continues to rise. Currently, the Club subsidizes much of the yearly expense.

The electronic copy comes to you at least a week earlier than the print copy, so for those of you able to receive the electronic copy, please consider printing your own and discontinuing the mailed copy.

The Compass Club board thanks you!

## MARCH BIRTHDAYS

- 3<sup>rd</sup> Sidney Blomquist  
Nancy Hughes  
Launa Norman
- 4<sup>th</sup> Joyce Colclough  
Ro Lisk
- 6<sup>th</sup> Jan Carrington
- 13<sup>th</sup> Verna Clark  
Rebecca Hamstra
- 17<sup>th</sup> Martha Allegri
- 18<sup>th</sup> Kay Greco
- 19<sup>th</sup> EbbaOstrom
- 21<sup>st</sup> Susan Mantifel
- 23<sup>rd</sup> EstaRosevear
- 24<sup>th</sup> Jacqueline Crane
- 26<sup>th</sup> Ann Fly



## THEATER GOERS

Theater Goers will attend a performance of *The Mousetrap* on Sunday, March 16th at 2:00 p.m. Tickets are \$25 for Adults and \$23 for Seniors. Afterwards we will dine at the Steamplant Grill. If you would like tickets, please email or call Mary Scarpelli:

Mescar48@hotmail.com or 443-4865.



There is a power in taking  
But more power in giving.  
There is a power in revenge  
But more power in forgiving.  
There is a power in destroying  
But more power in letting something live.  
There is a power in denying our true age  
But more power in showing that we've lived.

*Power by Marilyn Shepperson*

## PHILANTHROPY

I would like to take this opportunity to address the ladies who are unable to attend the monthly luncheons/dinners. The Compass Club voted to support Hospice of Spokane this year. To raise money, I sell raffle tickets (\$1 each or 6 for \$5) at the luncheons and offer a prize to the holder of the winning ticket drawn that day. The winning ticket along with all other tickets sold this year are kept for the grand drawing at the June luncheon. There will be more than 40 prizes offered that day. Although winning something is always a pleasant surprise, the meaning behind the Philanthropy activity is to give to a nonprofit organization a helping hand in the form of a CHECK. It is amazing how giving makes a woman feel good -- something you are all used to doing -- and you can't get too much of that feeling. Therefore, I am asking you to join me in this mission. If you can't come to the luncheon, you can forward to me a check (made out to Compass Club), and your tickets will be entered in the drawing for the next month and for the drawing in June. You do not have to be present to be eligible for the prize. Susie Schneider is still feeling "good" about her support and good luck on Tuesday! Thank you also to Birgetta Landreth and Ann Fly who have donated gifts.

Your support, ladies, is very much appreciated and I look forward to receiving it in the future.

Jan Wilson

## WELCOME NEW MEMBERS

### Judie Lerner

6612 N. Lincoln St.  
Spokane, WA 99208  
509-701-1788

jlerner@nuvodia.com



Judie is from California, but has lived in Spokane for 20 years. She is employed in medical transcription.

### Launa Norman

2302 W. Kingsford  
Spokane, WA 99208  
290-5982

Cell - 509-499-2795

launa.norman@gmail.com



Launa is from California, and has been in Spokane for 8 years. She is a homemaker.

### Jan Carrington

2007 W. Forest Hill Lane  
Spokane, WA 99218  
509-844-1795

turkishtea@comcast.net



Jan is a retired attorney. She and her husband retired to Spokane from Olympia, WA nearly 2 years ago to enjoy year-round outdoor activities. She is interested in Couples Gourmet, Wine Tasting, BYOB, and Happy Hikers

## QUILT & STITCH



Quilt and Stitch will meet on March 17<sup>th</sup> at 6:00.

Call Sue Harris for information:  
564-0473

## MINUTES OF FEBRUARY 4TH LUNCHEON



**Date:** February 4, 2104

**Place:** Evergreen Fountain Senior Living

President Vicki D. opened the meeting at 11:40 a.m. with a welcome to all members. She introduced 1 guest and 1 new member. We sang a rousing Happy Birthday to Beverly Boehle who was celebrating her 86<sup>th</sup> birthday. It was announced that Jan W. will be hosting a tea for all new members later this year. Please watch your newsletter for details.

**Minutes:** There were no minutes from the January dinner event.

**Treasurer's Report:** Shari R. presented her treasurer's report. We are very fortunate that with 2 auctions this past year our treasury is healthy. Checking has \$7,086 and Savings has a little over \$1,900.

**Philanthropy:** Jan W. thanked members for continuing to purchase Philanthropy tickets for this year's support of Hospice of Spokane. Jan awarded the philanthropy luncheon prize, a beautiful decorated box, to the lucky winner of the drawing.

**Announcements:** Sharon White's husband passed away this month. Margaret Soderberg passed away in January. Eleanor Weston is terminally ill. She appreciates all your prayers and e-mails but has asked for no phone calls. Vicki D. explained the need to update the club's by-laws. Proposed changes will be presented at the March meeting and voted by the membership at the April luncheon.

Vicki next stated that the two year terms for all executive board positions are up this year, and asked that a nominating committee to be established.

**Volunteers are needed.**

Vicki talked about the expense of printing and mailing newsletters, and encouraged members to read the newsletter online. The board is discussing increasing the subscription cost next year for newsletters mailed to members.

**Interest groups:** April Laschinger, our new Interest Group Coordinator, asked members to use the form she provided to list ideas for new interest groups or

interest in groups which have disappeared. Please return these forms to April.

**Books & Coffee** meets on February 13<sup>th</sup> at Rita's home.

**Knit Wits** meets the 2<sup>nd</sup> Monday of each month from 1 to 3 p.m. Please contact Jan Wilson for information.

**Culinary Corner** meets on February 21<sup>st</sup> at the home of Susie S. The theme is cherries.

Table decorations were awarded by Hildy and all winners were extremely pleased. 50/50 was awarded. The meeting was adjourned at 12:10 p.m. We enjoyed a very nice lunch and an extremely lively, informative presentation by DeAnne Wilfong on downsizing our homes and thinning our possessions.

Respectfully Submitted,  
Carol Hannah  
Secretary



WINE  
TASTING



## SEEKING INPUT.....

Do you have an idea for a new interest group? I want to hear from you!

Interest Groups are a wonderful way to meet new friends and explore our community.

Some of the ideas submitted at the February luncheon included Winter Sports, Garage Sales, Pinochle, Day Tripping, and the Symphony.

Please contact me to share **your** ideas.

Email April Laschinger at aprilannmailbox@gmail.com or call: 714 404 3223.



## LEAGUE OF WOMEN VOTERS

The League of Women Voters is a non-partisan political organization which encourages citizen participation in government. Empowering citizens to influence public policy through education and advocacy is the mission of the League. The League of Women Voters/Spokane Area meets the second Tuesday of each month, September-May. We welcome you to attend any meeting that may be of interest to you. Schedule available at [lwvsa.org](http://lwvsa.org).

## DID YOU KNOW ....

The word 'March' comes from the Roman 'Martius'. March was the first month of the Roman calendar and was named for the god of war, Mars.

The Anglo-Saxons called the month *Hlyd monath* which means Stormy month, or *Hraed monath* which means Rugged month.

Not until 1752 was the "Gregorian" or Western calendar adopted by Britain and what is now the eastern part of the United States, changing the beginning of the calendar year to January 1<sup>st</sup>.

## BOARD MEMBERS & INTEREST GROUP CHAIRS 2013-14

President:.....	Vicki Deschaine
1st Vice Presidents: Locations.....	Nancy MacKenzie & Mimi Anderson
2nd Vice Presidents: Programs.....	Linda Milsow & Ro Lisk
Recording Secretary: .....	Carol Hannah
Corresponding Secretary:.....	Christa McQueen
Treasurer:.....	Shari Russell
Membership & Bulk Mailing:.....	Sue Harris
Decorations:.....	Hildy Cox
Newsletter:.....	Morgan Smith
Philanthropy: .....	Jan Wilson
Publicity:.....	Sharon White
Phone Committee:.....	Sheryl Krauser
Ways & Means:.....	Joy Kemp & Rita VanCleve
Webmaster:.....	Kathy Piper
Interest Group Coordinator.....	April Laschinger

### Interest Group Chairpersons

BYOB: .....	Vicki Deschaine & Jan Wilson
Books & Coffee:.....	Tudi Pitman & Nan Colburn
Compass Dinner:.....	Pat Partovi
Couples Bridge.....	Ro Lisk
Culinary Corner:.....	Joy Kemp & Vicki Deschaine
Daytime Books:.....	Becky Dahlager
Happy Feet Hikers:.....	Nancy Hughes
KnitWit N More.....	Jan Wilson
Night Owls:.....	Ann Lively
Perennials:.....	Sue Harris & Morgan Smith
Quilt & Stitch:.....	Sue Harris
Theater Goers:.....	Mary Scarpelli
Wine Tasting: .....	Karen Eckel & Sue Harris

For contact information, please refer to your printed directory.

## BYOB

We had a great turnout out February BYOB! Tasty treats and good friends always make for a better day. Would you like to host the next one? Maybe it's the weather but we don't have anyone signed up for March. Please let Jann Wilson or Vicki Deschaine know and we'll get the word out quickly.

## ON SHARING



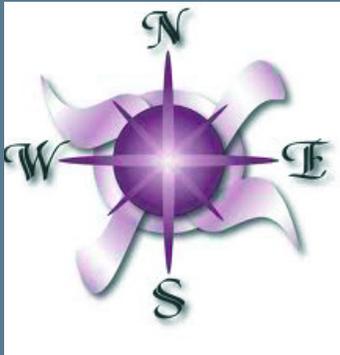
Sisterhood is more important than ever.

By sharing our emotions, fears and changes, we empower each other's growth.

Seek out companionship with those you trust and feel comfortable with. Sharing makes everything better, whether it be food, work or laughter.

From: 'Sharing' in *The Wisdom of The Crone*

## THE COMPASS CLUB



SPOKANE, WASHINGTON

[WWW.SPOKANECOMPASSCLUB.ORG](http://WWW.SPOKANECOMPASSCLUB.ORG)

FACEBOOK:

[www.facebook.com/pages/Spokane-Compass-Club-Newcomers-and-Womens-Social-Group/](http://www.facebook.com/pages/Spokane-Compass-Club-Newcomers-and-Womens-Social-Group/)

## MARCH 2014 MONTHLY PLANNER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Wine Tasting 5:00
2	3	4 Luncheon 11:00	5	6	7	8
9	10	11	12	13 Books & Coffee 10:00	14	15 Ides of March
16 Theater Goers 2:00	17 Quilt & Stitch 6:00 	18	19	20 Night Owls 7:00	21	22
23	24	25 Daytime Books 11:30	26	27	28	