



# THE COMPASS *Rose*

*The Spokane Compass Club Newsletter*

*May 2009*

## MAY LUNCHEON

The May luncheon will be held on **May 5** at

**Lincoln Center  
1316 N Lincoln St.  
Spokane**

### Menu:

Orange Honey Glazed Ham  
Raviolis w/Butternut Squash,  
Browned Butter, Sage and Parmesan  
Carrot Cake with Cream Cheese Frosting,  
Coffee/Tea,  
No Host Bar  
\$22 per person.

Program is Fashion Show and Drawing for contributions to My Sister's Closet

Your reservation must be called in to your caller or Pip Witner at 465-4043 or e-mail, **pipw@hotmail.com** by the Thursday before the luncheon. Cancellations must be in by the Friday before the luncheon.

**A RESERVATION MADE IS A RESERVATION PAID!**

## WELCOME, NEW MEMBERS!

### Deborah Rush

9107 N. Sundance Dr.  
Spokane, WA 99208  
Cell: (360) 870-8747  
Email: deborah\_rush@hotmail.com

Debbe and her retired husband John moved to Spokane after 6 years in Olympia so he could enjoy sunnier weather and better winters on this side of the Cascades. Before that, they lived in Alaska for 16 years where Debbe started a seasonal import business and escaped every year to Nepal, Thailand & environs while working as a Webmaster for the State of Education and as a Ranger with the Forest Service during summers. She hopes to start subbing as an admin assistant/ paraeducator for the schools here. Debbe's interested in Hiking, Gardening, Night Owls Books, Winter Sports, Wine Tasting (practices daily) and Music Lovers.

### Carol Hannah / Ted

801 E. Huron Drive  
Spokane, WA 99208  
467-4106  
cthannah@q.com

Carol is a retired teacher after 37 years. The first 20 years was with the Department of Defense Dependent Schools (DoDDs) in Germany and England. She is also working part time for Head Start at

*(Continued on page 6)*

## MAY CALENDAR

- 4/30 deadline for lunch reservations
- 5/1 deadline for lunch cancellations
- 5/2 Wine Tasting 5 p.m.
- 5/4 Quilt 'n Stitch 6 p.m.
- 5/5 Luncheon 11:30 a.m.
- 5/8 Daytime Quilts 11:30 a.m.
- 5/11 Scrappin' & Craftin' 10 a.m.
- 5/12 Bunco 6 p.m.
- 5/14 Books & Coffee 10 a.m.
- 5/21 Board Meeting 10:30 a.m.
- 5/21 Night Owls 7:30 p.m.
- 5/26 Ladies Bridge 10 a.m.
- 5/26 Daytime Books 11:30 a.m.



**Luncheon at Steam Plant Grill, April 7, 2009**

## COMPASS CLUB BOARD and INTEREST GROUP LEADERS 2008-2009

<b>Board</b>	<b>Name</b>	<b>Phone</b>	<b>E-mail</b>
President	Karen Eckel	466-1155	kabuudl@comcast.net
1st Vice President	Joy Kemp	464-3262	joykemp@earthlink.net
2nd Vice President	Leta Klutz	226-4211	sissy8182@aol.com
Recording Secretary	Eleanor Weston	238-3271	westonhof@aol.com
Corresponding Secretary	Teresa Flegel	464-3234	timandteresa@hotmail.com
Treasurer	Margot Hamstra-Havermann	325-5085	margot_hamstra@comcast.net
Advisor	Kathy Catron	467-2621	kdcatron@comcast.net
Membership	Kathie Heim	467-1621	kathieheim@comcast.net
Bulk Mail	Sandy Krepps	448-7450	sankrel@msn.com
Decorations	Birgitta Landreth	276-7346	landswede@aol.com
Historian	Janet Johnson	468-3984	everjanet@asisna.com
Newsletter (co-chairs)	Kathy Piper/Nancy Mackenzie	927-6252/466-4462	katpiper@aol.com/mackenzien@comcast.net
Philanthropy	Jennifer Ogden	747-3930	jlmogden@earthlink.net
Publicity	Valerie McIlroy	468-1998	jungbrit@aol.com
Phone Committee	Pip Witner	465-4043	pipw@hotmail.com
Ways & Means (co-chairs)	Deb Mallion/ Ebba Ostrom/Joan Wall	466-3322/ 465-3935/276-3131	ddmallion@comcast.net/ ebbe_ostrom@msn.com/joanie41@aol.com
<b>Interest Groups:</b>			
Books & Coffee	Pat Kapella	455-7497	patkap811@msn.com
Bunco	Sandy Krepps	448-7450	sankrel@msn.com
Ladies' Bridge	Maxine Grecny	448-6746	maxinett@gmail.com
Daytime Books	Connie Branch	468-4015	chbranch1@comcast.net
Garden Group	Pamela Brown	714-3955	pamelabrown@windermere.com
Couples' Gourmet	Kathleen Morford/ Sheryl Krauser	467-8111 /455-7789	dkmorford@comcast.net/skrauser@comcast.net
Quilt & Stitch	Jozie Selfridge	448-4493	jkorself@comcast.net
Daytime Quilts	Val Gonzalez	209-9336	valstitches@yahoo.com
Night Owls	Emily Hargis	747-5947	emilyhargis1975@hotmail.com
Theatre Goers	Margot Hamstra-Havermann/ Nancy Hughes	325-5085/ 838-6401	margot_hamstra@comcast.net / nancyhughes04@comcast.net
Scrappin' & Craftin'	Deb Mallion	466-3322	ddmallion@comcast.net
Happy Feet Hikers	Tudi Pitman/Camille Scholtz	927-8495/891-7879	two_dpitman@msn.com/pcscholz16@comcast.net
Winter Fun	Margot Hamstra-Havermann	325-5085	margot_hamstra@comcast.net
Wine Tasting	Kathy Catron/Maureen Boutz	467-2621/747-9162	kdcatron@comcast.net/rboutz@msn.com
Music Lovers	Jennifer Ogden/Pamela Brown	747-3930/714-3955	jlmogden@earthlink.net

**Birgitta** is collecting old glasses, which she will then give to the Lion's Club, and they will distribute them to people in need within the United States. She is also collecting used cell phones, which can be given to people to be used only for 911. They can be brought to the luncheons and given to Birgitta. Thank you for your donations.



## PRESIDENT'S LETTER

We had a delightful time at our April luncheon at the Steam Plant Grill. Our speaker from the Spokane Regional Convention and Visitors' Bureau was excellent, and I am sure all of us learned a thing or two about our city. Remember that you can contact their office anytime you want information about events/outings you might be interested in if you have out of town company. What a great resource!

We still have raffle tickets for you to buy. Jennifer Ogden has selected BEAUTIFUL items you are eligible to win with each ticket, plus you will be helping out some children who are in need of special services. Also, I hope to see many of you at our May luncheon and annual fashion show. Some of our newer members will do the modeling, and this day is always a treat for me! Who of us doesn't want to see what the latest fashion trends are?

Ladies, we have had some problems with reservations for our luncheons. We want as many of

you as possible to attend, and your board members work very hard to make these lovely events for you. Please, if you are going to attend, do make sure that you have a reservation. The restaurants are not happy when we have more people show up than we have reservations for. If you would like a monthly call from someone on Pip's telephone committee, please let Pip know. And remember that you can call Pip up to the Thursday before the luncheon to give her your name. You are always welcome to bring a guest, but we are asking you to please make sure you have a reservation.

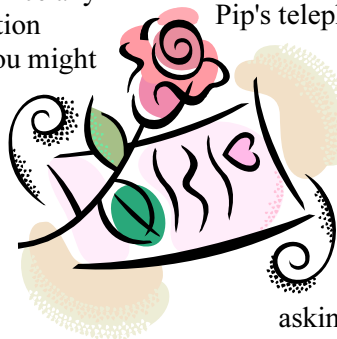
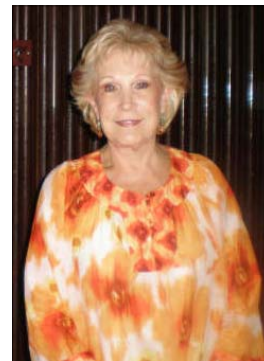
Thanks so much for your help with this situation.

One other note: these monthly telephone calls you (by choice) receive regarding the luncheons are very important, but Pip is stepping into another position next year. Help! We need someone to join our board next year as the Telephone Chair. I am hoping someone will be interested in taking over this position. You can give Pip or me a call if you would like a job descrip-

tion. Our newer members, as well as the "old timers", are encouraged to consider this opportunity.

Also, we want to make sure all of you get the newsletter, so please make sure your Compass Club friends know it is now available on our website. If anyone needs it mailed, please let Sandy Krepps or me know. We want to take care of you!

Happy spring to all!  
Karen Eckel



## WINE TASTING

Last month we tasted a number of different South American varietals, including a nice white Norton Torrontes from Argentina and a very polished Pascual Toso Reserve Malbec from Mendoza, Argentina. Our next tasting will be on **Saturday, May 2**. Come join the group as we develop our wine palettes and taste some new, exciting wines. The cost is \$10.00 per person.

RESERVATIONS ONLY.

RSVP to Kathy Catron at 467-2621 or [kdcatron@comcast.net](mailto:kdcatron@comcast.net).



## AND THE NOMINEES ARE ...

The Nominees for the 2009-2010 board are:

- President - Karen Eckel
- 1st Vice President - Joy Kemp
- 2nd Vice President - Leta Klutz
- Recording Secretary - Eleanor Weston
- Corresponding Secretary - Sidney Blomquist
- Treasurer - Patricia Arendt
- Advisor - Kathy Catron
- Bulk Mail - Sandy Krepps
- Decorations - Pip Witner
- Historian - Barbara Richardson-Crandell
- Membership - Kathie Heim
- Newsletter/Webmaster - Kathy Piper and Nancy Mackenzie
- Philanthropy - Lila Boyden
- Publicity - Valerie McIlroy
- Telephone - to be determined
- Ways and Means - Birgitta Landreth, Joan Wall, Ebba Ostroim, and Rita Petersen

## PHILANTHROPY

If you all were at the Bingo luncheon you had the opportunity to see the wonderful raffle item prizes for this Spring's Philanthropy auction. Tickets will be on sale until we draw prizes in June, and we do want to benefit our wonderful charity, so please do what you can! Again the raffle prizes are:

- 1) \$35 gift card to Wild Sage American Bistro on 2<sup>nd</sup> and Lincoln
- 2) Blue and earth tone silk batik glasses case
- 3) Starfish bowl by potter Amy Whatt
- 4) Book Pillow
- 5) Bud vase with moose theme
- 6) Cookbook holder
- 7) Asian inspired vase
- 8) Ceramic earth toned candlestick
- 9) Knitted, beaded purple and teal scarf
- 10) Wright inspired necklace and earrings
- 11) Watercolor donated by Carol Bettinger
- 12) Marble mortar and pestle

Also, now is the time to begin cleaning out your closets in preparation for our May Fashion Show! Like last year, any of you who donate clothing to Our Sister's Closet at the YWCA will receive a raffle ticket for your donation. Bring the receipt that the YWCA gives you, to me and for every item donated you will receive a blue ticket, to be drawn in May for a Gift Certificate to the wonderful restaurant Scratch, downtown by the Fox!! This is a great way to de-clutter for a good cause.

Thanks ladies!  
Jennifer Ogden,  
Philanthropy Chair

## THEATRE GOERS

We are going to "**A Funny Thing Happened On the Way to the Forum**" at the Civic Theatre. Performance dates are May 15 - June 14. If you would like to go, please let me know and tell me your preference for days and times. This is a musical and is the last one of the season. Ticket prices are \$26 adult; \$24 Sr (65 & over); \$16 student.

The Civic Theatre has announced their season for 2009-2010. It looks like another fabulous year with Pirates of Penzance, Annie Get Your Gun, The Best Christmas Pageant Ever and Steel Magnolias. If you would like a season ticket please contact the theatre, go to their website [www.spokaneCivicTheatre.com](http://www.spokaneCivicTheatre.com) or contact me and we'll get you set up.

I'm also talking to our members about the Coeur d'Alene Summer Theatre. The performances this summer will be Joseph & The Amazing Technicolor Dreamcoat; The Producers (a Mel Brooks musical); Dames At Sea; and Miss Saigon. If you're only interested in 1 or 2 performances please let me know because I'm hoping we can split the price of a couple of season tickets and still let everyone see the shows they are interested in seeing.

Please contact me for more info.  
[margot\\_hamstra@comcast.net](mailto:margot_hamstra@comcast.net)  
325-5085

## DAYTIME BOOKS

We meet at 11:30 a.m. for discussion and lunch. The hostess provides the greens and drinks. Everyone brings something for the salad bar. Please RSVP. If a hostess can only accommodate a certain number, the first to RSVP will attend.

Date: **April 28, 2009**

Book: **The Book Thief**

By Markus Zusak

Hostess: Virginia Bott  
6807 East Jamison Rd  
Spokane, WA 99223

Date: **May 26, 2009**

Book: **A Long Way Gone**

By Ishmael Beah

Hostess: Kathy Catron  
17210 North Saddle Hill Rd  
Colbert, WA 99005

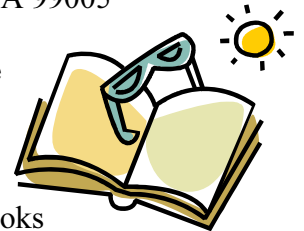
Date: **June 16, 2009**

(Note new date)

Choose Books

for next year

Hostess: Connie Branch  
6503 W. Kitsap Dr.  
Spokane, WA 99208



*Having fun at a wine tasting*



## MEMBERSHIP

Just a reminder that your Compass Club annual membership dues are due by the June 5 luncheon. Please pay in a timely manner. The dues will remain the same, \$15.00 for the under 65 years of age group and \$12.00 for our 65 years and older age group. If you want the newsletter mailed to you, please add \$5.00 otherwise it can be accessed at [www.SpokaneCompassClub.org](http://www.SpokaneCompassClub.org).

Thanks,  
Kathie Heim  
Membership

## SUNSHINE CLUB

Get Well wishes were sent to Margy Waddell, following emergency surgery. A Thinking of You card was sent to the family of Jeanette McKimney to let them know we miss her! Condolences were sent to Nan Colburn and Joyce Colclough who both recently lost their mothers.

Please feel free to call Teresa, at 464-3234, if you know of any Compass Club member in need of a little "Sunshine"!



## DAYTIME QUILTS

The daytime quilt group meets the second Friday of each month at 11:30 a.m. and all quilters are welcome!! Note: there has been a change in the way this group functions—**instead of having lessons, we have now formed a quilting circle.** That way everyone can work on whatever they want to bring. There will always be people who are willing to help you with something or to show you new ways to do things, but there will no longer be lessons each month.

If you have any questions, please call **Val Gonzalez** at 209-9336 or email her at [valstitches@yahoo.com](mailto:valstitches@yahoo.com)



## SCRAPPIN' & CRAFTIN'

We will meet the second Monday of every month at Sons of Norway on Country Homes Blvd. from 10:00 to 1:00 pm. We will make a card using different techniques each month. All supplies are provided but there is a \$2.00 table fee for Sons of Norway, please RSVP to Deb Mallion @ 993-2975 so we have enough supplies for everyone. We also have a group of scrapbooking ladies who work on their projects while the others make cards. Come join us for a fun morning of crafting.

## HAPPY FEET HIKERS

The snow is gone(?) and our paths are welcoming us for our hikes! Those interested in coming along, send me an e-mail: [two\\_dpitman@msn.com](mailto:two_dpitman@msn.com). Those who have already joined look for my e-mail for our hiking schedule. See you out there...

**Tudi Pitman**



## IMPORTANT REMINDER

Please remember that our newsletter is now available on our website, [www.spokanecompassclub.org](http://www.spokanecompassclub.org)

If you need to receive it by mail, be sure to let one of the board members know.

## NIGHTOWLS

**May: Franklin & Lucy**  
by Joseph Persico  
hostess: Linda Milsow

**June: End of the year planning dinner**  
hostess: Jo Anne Perry



(Continued from page 1)

SFCC. Carol & Ted's decision to move to Spokane was helped, in part, by having two very good teacher friends who live here. Having four seasons here was also a determining factor.

Carol is interested in Scrappin and Craftin, Garden Club, Theater Goers, Wine tasting and Daytime Book Club.

### Anne Slauson

5516 E. Birkenhead Lane  
Colbert, WA 99005  
509-238-3163  
fridia@yahoo.com

Anne and her husband originally retired to a 40-acre horse ranch in Stevensville, MT. They enjoyed it there very much - raising a few horses, hunting (her husband), fishing and entertaining friends and relatives. Anne was not much of a fisherman and not a hunter at all so learned to make quilts - a passion that remains with her. Anne has a PHD in English Education and is a retired teacher. With their son living in Kelowna, B.C. with two lovely children, a boy and a girl, they visited there often driving through Spokane and decided to relocate here. Prior to the MT retirement, they lived in Knoxville, TN., Ithaca, NY for 16 years and Albuquerque, NM. This June they will celebrate their 45th wedding anniversary, and in the words of Jack Nicholson in "Going South," "It ain't been a boring marriage!"

### Marsha Hein

30812 S. Cahill Road  
Fairfield, WA 99012  
509-283-2475  
onlinestuff@wildblue.net

Marsha was born and raised in Spokane and after 40 years - retired, returned and moved back into the

farmhouse her grandfather built 92 years ago. Marsha was a labor and delivery room nurse but ended her career by joining the hospital's Informatics department with the job of Clinical Nursing Analyst. Marsha is single and has 3 sons who all live in California. The oldest is an English teacher and the father of her only grandchild. The other two are professional musicians. She now raises alpacas, her long time dream and "retirement" plan. She not only sells alpacas and their fleece, she also has a small store featuring a wide variety of alpaca products. For the gardeners in Compass Club, she has the best fertilizer in the world free for the taking.

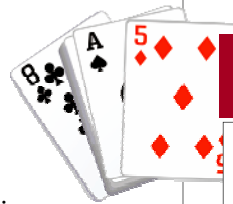


## LADIES' BRIDGE

Ladies' Bridge meets the 4th Tuesday of each month at the Quality Inn (formerly Budget Inn), on 4th and Cowley St. Anyone who is a Compass Club member or would like to join Compass Club and wishes to play bridge with other club members, please call Maxine Grecny, 448-6746.

We request that the ladies arrive soon after 10:00 a.m. in order that they may be registered and pay their fee of \$4.00 to pay for the use of the meeting place, for prizes for the winners, and for materials used for playing.

Thanks so much.  
~Maxine  
maxinett@gmail.com



## BOOKS & COFFEE

Books & Coffee meets the 2nd Thursday of the month at 10AM, February - November. We take December and January off. We like to meet during the summer and all Compass members are invited and welcome. RSVPs are encouraged so the hostess can provide the number of chairs and coffee cups needed. All Compass members are invited and will be welcomed warmly.



May 14: **Emma's War** by Deborah Scroggins. Hostess Tudi Pitman, 927-8495

June 11: **The Story of Edgar Sawtelle** by David Wroblewski. Hostess Nan Colburn, 893-0086

July 9: **Tall grass** by Sandra Dallas. Hostess Eleanor Weston, 238-3271

## QUILT & STITCH

Quilt and Stitch group will meet Monday, May 4<sup>th</sup> at 6:00 pm at Val Gonzalez home, 1710 E Vanetta Ave, Spokane WA, 99217.

Please let Val know if you plan to attend. Val's phone number is 209-9336, e-mail valstitches@yahoo.com

If you have any questions, please contact Val or Josie Selfridge, phone 448-4493 or e-mail jkorsel@comcast.net

## SPECIAL REQUEST

Dear friends, I have a request: If you are willing, please support this very important and worthwhile cause. For any of you who is dealing with the sandwich generation or knows someone who is in this situation, you can appreciate the importance of adult day health care! Also, as the years go by, we each get closer to needing this type of program to allow us to stay independent as long as possible. Thank you for your friendship and support.

Sincerely,

**Mary Ann Soligon** 922-5759,  
PHC Continuum Board Member

From: Hall, Diane

Sent: Thursday, March 19, 2009  
4:50 PM

Subject: **Urgent Advocacy Request for Adult Day Health: Please make a call.**

Please help! A quick call on behalf of the vulnerable seniors and impaired adults attending adult day health programs is URGENTLY needed and may help to avert TOTAL ELIMINATION OF ADULT DAY HEALTH funding from the Washington state budget. Please call the legislative hotline at 1-800-562-6000. Phone calls are more effective for this group than emails.

The message is simple:

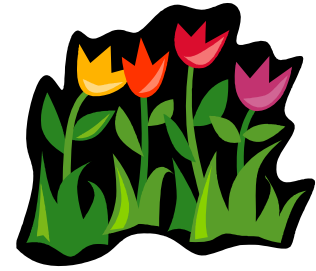
1. There is Federal-matching money available for Adult Day Health.
2. Medicaid-funded adult day health participants are eligible for Medicaid payment of long term care. If even 1 in 10 former adult day health clients enters a nursing home due to elimination of funding, all savings to the state will be eliminated.

3. Eliminating adult day health funding will negatively impact elderly clients and their families.

4. Adult day health is a crucial part of our long term care network. If programs close now, bringing them back later will be expensive, disruptive and they may not be open for Medicaid clients.

For more information, contact

Diane Hall, Executive Assistant  
Providence VNA Home Health  
3901 East Main  
Spokane, WA 99202-4736  
Phone: (509) 534-4300  
FAX: (509) 536-6464  
Diane.hall@providence.org



## BUNCO

Bunco meets on the second Tuesday of the month at 6:00 p.m. for dinner, we start playing at 7:00 p.m. We play at various locations either at someone's home or Perkins on the North side, and Valley bowl in the Spokane Valley.

Everyone's welcome. You don't have to commit every month. Let me know if you'd like to receive the monthly email newsletter telling where and when. It costs \$5.00 to play and we all have fun and good company.

**Sandra Krepps**  
448-7450  
sankrel@msn.com



*Kathie Heim & Lila Boyden @ April 4 luncheon*



[www.SpokaneCompassClub.org](http://www.SpokaneCompassClub.org)

*“And in the end, it's not the years in your life that count. It's the life in your years.”*

**Abraham Lincoln**

## MAY 2009

### *Compass Club Monthly Planner*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28 <i>Daytime Books</i> 11:30 a.m.	29	30 <i>Deadline for May lunch reservations</i>	1 <i>Deadline for May lunch cancellations</i>	2 <i>Wine Tasting</i> 5:00 p.m.
3	4 <i>Quilt 'n Stitch</i> 6:00 p.m.	5 <i>Luncheon</i> 11:30 a.m.	6	7	8 <i>Daytime Quilts</i> 11:30 a.m.	9
10	11 <i>Scrappin' &amp; Craftin'</i> 10:00 a.m.	12 <i>Bunco</i> 6:00 p.m.	13	14 <i>Books &amp; Coffee</i> 10 a.m.	15	16
17	18	19	20	21 <i>Board Meeting</i> 10:30 a.m. <i>Nightowls</i> 7:30 p.m.	22	23
24  31	25	26 <i>Ladies Bridge</i> 10:00 am <i>Daytime Books</i> 11:30 a.m.	27	28	29	30